

# The Bath Plug

First published Tuesday 1 December 1987

No. 1428 · 02 Aug 2018



Cause for celebration as the YDL Avon team with plenty of TBAC representation at Newport finish 2nd and qualify for the National final!

## YDL UAG Newport

By Di Viles

Team Avon are through to the National Final! Team Avon, which is a composite team of the 5 Avon clubs, and which many of our U/17 and U/20 athletes compete in, took part in the Regional final at Newport on Sunday and finished second behind Rugby and Northampton, to take their place in the National final at Bedford on September 9th, beating the mighty Birchfield Harriers in the process. Despite the torrential rain, which precluded many PBs, the team, almost half of

which are Team Bath AC athletes, produced some great performances, even with many of the "star" names missing. The overall match scores were:

1 Rugby & N	596.3
2. Team Avon	576.7
3. Birchfield	540.0
4. Cardiff	532.7
5. Team DC	457.3

The day was given a cracking start in the U/17 womens 300m hurdles with Eleanor Webster and Enya Maylor taking maximum points with Eleanor running 49.07 and Enya 49.27, despite it being neither girl's main event. Eleanor went on to

finish second A in the 800m in 2.23.37 whilst Enya had a blistering run in the 1500m s/c winning in 5.13.6. You can't keep the Howorth family down and here they were again, with Robert winning the U/20 1500m A in 4.25.04 with Rory winning the B just behind in 4.25.55, Robert also winning the 800m A in 2.00.72. Anna Burt was again in a class of her own, winning the U/20 w 800m in 2.12.06, whilst Caitlin Wosika won the U/20 w 1500m s/c in 5.20.20. Femi Akinbobola won the U/17 men's 200 m A in 23.59 and the U/20 men's x400 m relay, which was 75% Team Bath AC, won in 3.29.56.





TBAC athletes picking up lots of points for Team Avon at the YDL UAG meet. From top: Anna Burt, Eleanor Webster & India Ibbotson, and Caitlin Wosika & Enya Maylor.

Other B winner were Marcin Olech in the U/20 men's long jump with 6m22 and triple jump with 11m85, Sarah Long in the U/20 women's long jump with 4m27, Jonathan Evans in the U/17 men's shot with 11m55 and India Ibbotson in the U/17 w 800m in 2.28.25.

Second A places went to Jake Burkey in the U/20 men's long jump with 6m79 and javelin with 35m57, Robyn Ellison in the U/20 w long jump with 4m86, Renee Jelf in the U/20 w high jump with 1m55, Gabriella Holt in the U/20 w hammer with 40m60, Justin Davies in the U/17 m 1500 m in 4.27.85, the U/20 w 4x400m relay, the U/17 men's 4x100m and 4x400m relay and the U/17 women's 4x100 m relay with TBAC athletes making up the bulk of the relay teams.

Second B places went to Sarah Long in the U/20 w 400m in 62.05, Ben Game in the U/17 mens 100m in 12.57, Will Scammell in the U/17 mens 400m in 54.95 and Justin Davies in the U/17 men's 800 m in 2.06.59 and Keelan Tucker in the U/17 m javelin with 35m57.

Third A places went to Jake Burkey (U/20 m110 hurdles in 20.13), Joel Mattacks (U/20 m 400m hurdles in 65.66), Will Scammell (U/17 m 100m hurdles in 15.61), Rory Howorth (U/17 m high jump with 1m75), Jonathan Evans (U/17 m discus with 27m28) and Sophie Martin (U/17 w high jump with 1m35). Third B places for Femi Akinbobola (U/20 m 100m in 12.14, Delano Stewart (U/20 m 400m in 56.75) and Sam Roberts (U/20 m 800m in 2.14.59).

Team Avon consisted of 52 athletes and of those, 24 were Team Bath AC. What a great accolade for the Club!

## Coaching Courses

By Mark Thomas

The club could do with more group leaders who are qualified and insured to lead groups of runners. To get this qualification you have to do the Leader in Running Fitness course. The next such course in the South West is in Chippenham on Saturday 6th October.





Robert & Rory Howorth leading the way in the 1500m at YDL UAG Newport; and right: Marcin Olech with victory in the Long Jump B.



The club could do with more track and field coaches for junior athletes. The first step in becoming a coach is to do the Coaching Assistant course. The next such courses in the South-West are in Gloucester on 29th & 30th September, and in Tavistock on 13th & 14th October.

If you want details of what these courses involve please contact Mark Thomas (mt-tbac@hotmail.com), or speak to someone at the club reception desk on Tuesday or Thursday evening.

## ***Bath Plug to your inbox***

By Tom Davies

I am now sending out the link to the Bath Plug as an email. If you wish to sign up to receive these weekly updates please confirm by sending a quick email to [plugeditor@teambathac.org](mailto:plugeditor@teambathac.org), and I'll add you to my list. Alternatively you can enter your details here: <http://teambathac.org/2018/07/27/bath-plug-mailing-list/>

## ***Calendar***

### ***August***

12 Avon League  
18 Race the Train, Tywyn  
19 Trowbridge 10K  
21 Westbury 5K  
26 Cleeve 5K Road Relays

### ***September***

2 Cardiff 10K  
9 Avon League  
9 Chippenham Half  
9 Swindon Half  
9 Great North Run  
16 Foxtrot 5  
22 Midland Road Relays, Sutton Pk  
23 Bristol Half  
30 Ealing Half

### ***October***

6 Natl Road Relays, Sutton Pk  
7 Cardiff Half  
7 Chester Marathon  
7 Oxford Half  
7 Basingstoke Half  
13 Glos League XC, Old Down

### ***November***

3 Glos League XC, Charlton Pk

### ***December***

9 Glos League XC, Wooton  
9 TriCounties XC, Bath

### ***February 19***

17 Glos League XC, Pitville

### ***June 19***

8-9 Welsh Castles

## Results

### YDL UAG Midland, Newport, 29 Jul 18

#### 100 U20M B

3 Femi Akinbobola 12.14

#### 100 U20M ns

3 Delano Stewart 12.44

#### 100 U17M B

2 Benjamin Game 12.57

#### 200 U17M A

1 Femi Akinbobola 23.39

#### 400 U20M B

3 Delano Stewart 56.75

#### 400 U17M B

2 William Scammell 54.95

#### 400 U20W B

2 Sarah Long 62.05

#### 800 U20M A

1 Robert Howorth 02:00.72

#### 800 U20M B

3 Sam Roberts 02:14.59

#### 800 U17M B

2 Justin Davies 02:06.59

#### 800 U20W A

1 Anna Burt 02:12.06

#### 800 U17W A

2 Eleanor Webster 02:23.37

#### 800 U17W B

1 India Ibbotson 02:28.25

#### 1500 U20M A

1 Robert Howorth 04:25.04

#### 1500 U20M B

1 Rory Howorth 04:25.55

#### 1500 U17M A

2 Justin Davies 04:21.85

#### 80HU17W U17W A

5 Sophie Martin 13.31

#### 100HU17M U17M A

3 William Scammell 15.61

#### 110HU20M U20M A

3 Jake Burkey 20.13

#### 300HW U17W A

1 Eleanor Webster 49.07

#### 300HW U17W B

1 Enya Maylor 49.27

#### 400H U20M A

3 Joel Mattacks 65.66

#### 1500SCW U20W A

1 Caitlin Wosika 05:20.20

#### 1500SCW U17W A

1 Enya Maylor 05:13.61

#### HJ U17M A

3 Rory Howorth 1.75

#### HJ U20W A

2 Renee Jelf 1.55

#### HJ U17W A

3 Sophie Martin 1.35

#### LJ U20M A

2 Jake Burkey 6.79

#### LJ U20M B

1 Marcin Olech 6.22

#### LJ U17M

1 Keelan Tucker 4.58

#### LJ U17M A

4 Benjamin Game 5.49

#### LJ U20W A

2 Robyn Ellison 4.86

#### LJ U20W B

1 Sarah Long 4.27

#### TJ U20M B

1 Marcin Olech 11.85

#### TJ U17M A

4 Benjamin Game 10.79

#### SP5K U17M A

4 Rory Howorth 12.05

#### SP5K U17M B

1 Jonathan Evans 11.55

#### SP4K U20W A

5 Caitlin Wosika 4.77

#### DT1.5K U17M A

3 Jonathan Evans 27.28

#### DT1K U20W A

5 Gabriella Holt 18.03

#### HT4K U20W A

2 Gabriella Holt 40.6

#### JT800 U20M A

2 Jake Burkey 35.57

#### JT700 U17M B

2 Keelan Tucker 35.57

#### 4x100 U20M

3 Team Avon 45.55

#### 4x100 U17M

2 Team Avon 46.64

#### 4x100 U20W

3 Team Avon 52.94

#### 4x100 U17W

2 Team Avon 52.52

#### 4x300 U17W

3 Team Avon 03:02.50

#### 4x400 U20M

1 Team Avon 03:29.86

#### 4x400 U17M

2 Team Avon 03:42.09

#### 4x400 U20W

2 Team Avon 04:09.39

### Parkrun – 28 Jul 18

#### Oxford parkrun

13 Tim HILL 00:19:08

#### Bath Skyline parkrun

1 Alex PARSONS 00:17:22

3 Mike DOOLEY 00:18:23

12 Nick PARRY 00:20:18

17 Lee ALLEN 00:21:01

18 Tom HUTCHISON 00:21:05

25 Ella TREBY (1F) 00:21:30

46 Tim LUCK 00:23:21

69 Ewelina WOJTALA (7F) 00:24:30

74 Owen DAVIES 00:24:43

83 Ilana WIGFIELD (10F) 00:24:57

114 Natalie HARGRAVE (18F) 00:26:28

142 Sophie TREBY (24F) 00:27:51

202 Nigel OSBORNE 00:31:09

242 Janice RAMBRIDGE (74F) 00:35:49

257 Pat ROGERS 00:44:13

#### Eastville parkrun

141 Nicola CRACKNELL (18F) 00:26:31

#### Tees Barrage parkrun

17 Chris MILBOURNE 00:21:54

#### Porthcawl parkrun

23 Katie ROBINSON (3F) 00:21:45

#### Melksham parkrun

48 Justin HINE 00:27:38

67 Joanne HINE (11F) 00:30:18

#### Thurso parkrun

22 Stuart HENDERSON 00:24:40