

The Bath Plug

Issue 1447 17 Jan 2019

A quiet week for the Plug - but at least I actually have the issue out on time for once! All we have this week is a short report from Mark Mackintosh on the Skyline Night race, and some catching up on recent results. Congrats to Themis for his win at the other (daylight) Skyline 10K race.

For those of you that have signed up: don't forget Mara Yamauchi is up at the Club on Sunday 10-12.

Tom Davies (Plug Editor)

Skyline by Night, 12 Jan 19

By [Mark Mackintosh](#)

First time I've done Relish Running's Night Skyline race – good fun, I was in wave one and was pretty much running on my own from the start until I caught the tail runners at around 7km on the second lap, was beaten by runners on the later waves, and very interesting to see how close the 3rd to 7th were despite coming from different waves.

Results

Parkrun – 12 Jan 19

10K Race the Moon, QE Olympic Park – 09 Jan 19

1	Ewan Cameron (VPHTHAC)	33:42
10	Mark Mackintosh (2V50)	38:09

10K Night Skyline, Bath 12 Jan 19

1	Rob Abraham	43:36
2	Stephen Rose (1V40)	43:38
7	Mark Mackintosh (1V50)	45:39

10K Skyline, Bath 13 Jan 19

1	Themis Bower (1U20)	39:44
6	Ian Dunning	44:59
13	Nick Parry (1V50)	47:59
100	Joanne Dodd	58:47

Aberdeen parkrun

8	Stuart HENDERSON	00:19:33
33	Vicky COOPER (6F)	00:21:32

Bath Skyline parkrun

1	Alex PARSONS	00:16:48
3	Mike DOOLEY	00:18:33
15	Alex KNIGHT	00:20:51
28	Lizzie NOBES (1F)	00:21:23
59	Nicola CRACKNELL (5F)	00:23:01
97	Mike CHARLTON	00:24:27
239	Natalie HARGRAVE (68F)	00:29:30
240	Owen DAVIES	00:29:31
271	Caroline THOMAS (80F)	00:30:35
396	Janice RAMBRIDGE (161F)	00:36:30
398	Ray BRIGDEN	00:36:43

Gunnersbury parkrun

13	Tim HILL	00:18:59
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Southwick Country parkrun

143	Keith JONES	00:27:43
155	Martyn MORANT	00:28:21

Chippenham parkrun

1	Gary DUNSTONE	00:17:36
2	Ellery COLE	00:17:48

Clare Castle parkrun

159	Marcus FIELD-RAYNER	00:40:58
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GreenWay parkrun

25	Paul HENAGHAN	00:23:12
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Victoria Dock parkrun

35	Nigel OSBORNE	00:21:19
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Severn Bridge parkrun

27	India IBBOTSON (4F)	00:21:42
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Somerdale Pavilion parkrun

1	Harry WILLIAMS	00:19:32
10	Gary HUGHES	00:20:58
116	Michael STANLEY	00:38:31

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