

THE BATH PLUG

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James Donald taking on the Sussex trails



EVENT NEWS ARUN RIVER TRAIL MARATHON – 14 MAY

No pressure...

From James Donald

I went back to Littlehampton on Saturday to take part in the Arun River trail “marathon” (it’s more like 27 miles) that I won last year.

The field was a bit bigger this year and I expected a bit of a battle as I knew that the 2014 winner, who only finished a bit behind me in London this year, was also going to be there. The pressure to perform was increased by the organisers, Sussex Trail events, writing on my starting number “1 2015 winner” and tweeting as such prior to the race.

It was a chilly morning and the 2014 winner went off at a cracking pace right from the start. Luckily I was prepared for this as I

know he has a reputation for going off hard, and I kept my nerve as he opened up a 2 minute lead on me over the first 6 miles up to the first of three checkpoints. After this however I slowly gained on him and got into a position to put a really big effort in as the route climbed 200m up on to the South Downs. I kept the hard pace up on the subsequently flatter drag to the turn around point (it’s an out and back course) and on turning round was pleased to have opened a 2 min gap myself.

After this it was a case of hanging on in increasing temperatures to finish in 3:12, beating my previous CR by about 4 minutes. Second came in later with 3:22. This was a fun event and I really like the friendly, low key, nature of the races run by Sussex Trail Events.

WILTSHIRE COUNTRY TRACK AND FIELD CHAMPIONSHIPS, SWINDON – 14 MAY

More success

From Di Viles

TeamBath A.C had another very successful day at the Wiltshire Country Track and Field Championships at Swindon. The weather was reasonably kind after a chilly start and the athletes responded with a total of 32 gold medals, 21 silver medals, 7 bronzes, at least 2 championship records and numerous personal bests, all subject to confirmation.

Performance of the day came from Tom Gale who added another centimetre to the PB he set last week, jumping 2m14 in the senior mens high jump, despite problems with the landing mat. This broke the Championship record by 14 cm and he now only 3 cm of the

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qualifying standard needed for the World Junior Champs later in the year.

Outstanding performance among the female athletes came from Jenna Blundell who recorded a hat trick of wins which included a championship record and an English Schools qualifying standard. She won the 80m hurdles in 11.94, a new championship record, the high jump with 1m61, a new PB and ES entry standard and the long jump with 4m92.

The long jump proved a fertile area for medals with a clean sweep in the U/15 boys event with Will Scammell winning with 5m33, just 1 cm ahead of Rory Howorth who finished with 5m32 and Keelan Tucker in third with 4m85, all PBs. The U/17 men finished 1st, 2nd and 4th with Marcin Orlek going over 6m for the first time with 6m03, closely followed by Jake Nickerson with 5m91, just short of his PB and James Chadwick in 4th with 5m27, a new PB. The girls also shone with Ebony Hammond winning the U/13 girls event with 4m43, a new PB, whilst Eleanor Webster took silver in the U/15 girls event with 4m59 and Morgan Golledge the bronze in the U/17 womens event with 4m21, all in addition to Jenna's gold.

On the track, our sprinters again dominated with a clean sweep in the senior mens 100m with Will Kennedy in 11.17, Jordan Earley in 11.44 and Louis Torto in 11.50. Will Browne won the u/15 boys 100m in 12.11 but was thwarted in the 200m by teammate Femi Akimbobola who won in 24.68 with Will second in 24.77. Ulas Aakus did the sprint double with wins in the U/17 mens 100m in 11.19 and 200m in 23.11. Will Kennedy and Louis Torto took first and second places in the SM 200m in 22.87 and 23.38 respectively. The girls also had a good day with Phoebe Card and Ebony Hammond finishing first and second in the U/13 girls 100m in 13.94 and 14.13 whilst the positions were reversed in the 200m with Ebony winning in 29.51 and Phoebe finishing second in 30.16. Zoe Mattacks did the treble with wins in the senior womens 100m in 13.1, the 200m in 27.58 and the 100m hurdles in 17.3.

In the longer races, the Howorth family had another good day, with Rory winning the U/15 boys 1500m in 4.13.4 and his older brothers finishing first and second in the U/17 1500m winning in 4.08.91 and Robert second in 4.15.06. India Ibbotson won the U/15 girls 1500m in 5.06.26 whilst Caitlin Wosika won the U/17 girls in 4.52.23 with Jade Littlechild second in 4.56.69. In the 800m races, there were wins for Eleanor Webster in the U/15 girls in 2.28.05 with Eve Porter

in third in 2.32.07, Caroline Brenchley in the U/17 race in 2.26.9 with Natalie Pidgeon in second in 2.41.3 and Hannah Wrigley in the Senior womens race in 2.21.0, she also won the womens 400m in 61.94. The 3000m also saw TeamBath athletes winning medals with Otto Copping and Charlie Stockley with taking first and second in the U/17 mens race in with Lucy Fitzpatrick and Katie Strange doing the same in the U/17 womens race.

The hurdles was also a good medal hunting ground with Imogen Dawes-Lane and Joe Collins getting the meeting off to a cracking start, winning the first two races of the day, the U/17 womens 300m hurdles won by Imogen in a new PB of 46.17 and the U/17 mens 400m hurdles won by Joe in 59.9 both PBs. In the sprint hurdles, there was a clean sweep in the U/15 boys 80m hurdles with Rory Howorth (again!) just holding off Femi Akimbobola with Keelan Tucker in third. The times were 12.57, 12.85 and 14.80. Jenna Blundell and Imogen Dawes-Lane came first and second in the U/17 womens 80m hurdles in 11.94 and 12.04 and Sam Roberts took the gold in the U/17 mens 100m hurdles in 13.94.

In the throws, there were gold medals for Gabriella Holt in the U/17 womens hammer with 37m17 and Imogen Hurst in the U/17 womens javelin with 34m37.

Other second places went to Phoenix Witcheard in the U/15 girls 100m in 13.85, Will Scammell in the U/15 boys 300m in 44.02, Ariana Watling in the U/17 womens 300m in 45.85, Hayden Bailey in the U/17 mens 800m in 2.02.?, Mia Bates in the U/13 girls 70m hurdles in 13.3, Abbie Elms in the U/15 girls high jump with 1m45, a new PB, Morgan Golledge in the U/17 womens triple jump with 8m98, in her first ever triple jump comp, and Caroline Brenchley in the U/17 womens shot with 7m02.

Other third places went to Keelan Tucker in the U/15 boys javelin with 25m08 and Molly Bennett in the U/17 womens 100m in 13.48.

Full results overleaf

AVON TRACK & FIELD CHAMPIONSHIPS AT YATE – 15 MAY

Good medal haul

From Di Viles

TeamBath had another good day in the Avon Track and Field Champs at Yate. Although not as spectacular as Wiltshire on Saturday, there were 8 gold, 5 silver and 3 bronze medals won by our athletes.

Top performance came from Anna Burt who won the U/17 & SW 800m race comfortably in 2.12.4 with Sarah Wilson coming second in 2.15.0 and Rebecca Pierce

the first Senior woman home in 2.23.4. Themis Bower won the U/17 mens 800m in 2.02.28 whilst Jenny Carter was the first woman home in the mixed 3000m in 11.04.16. Elsewhere, versatile Ella Adams won the U/17 womens hammer with 37m01, a new personal best, and finished 3rd in the 80m hurdles in 16.08 and in the pole vault with 2m60. Toby Pentreath took gold in the U/20 long jump with 6m20 and bronze in the triple jump with 13m40. Another triple jumper also struck gold with Belinda Sergeant winning the senior womens event with 10m79. Renee Jelf equalled her PB to take the U/17 womens high jump with 1m55 whilst Imogen Leakey took silver in the U/15 event with 1m37. Ellie Mount won the U/15 girls 75m hurdles in 12.55 with Tabitha Galley in second in 12.44, Ellie also taking bronze in the 100m in 13.29. There were silver medals for Leticha Faulknor in the U/17 womens 100m in 13.04, Sarah Wilson in the U/17 womens 300m in 43.39 and Sarah long in the U/20 womens 400m in 62.88.

Full results overleaf

WILTSHIRE SCHOOLS PENTATHLON – 16 MAY

Good at everything!

From Di Viles

Following a very successful Wiltshire County Championships, some of TeamBath's versatile young athletes competed in the Wiltshire Schools Pentathlon at Marlborough on Monday. So successful were they, they won five of the eight age groups contested.

Most outstanding was Jenna Blundell who won the Year 10 girls by over 1,000 points from the next best athlete. She won all five of her events; 80m hurdles in 11.7, long jump with 5m06, shot with 9m15, high jump with 1m61 and 800m in 2.33.3. Rory Howorth again dominated the Year 9 boys with 2575 points to second place 1972., winning all but the shot. In the Year 10 boys event, TeamBath scored 1st and 2nd with Jake Nickerson winning with 2436 points from Maksym Obermok with 2195 points. New boy Ransford Ako-Nal won the Year 8 boys event with 2149 points which included an amazing long jump of 6m04, from Will Scammell with 1867 points. The Year 7 athletes do a Quadrathlon rather than a pentathlon and the girls event was won by Phoebe Card with 1339 points from second place 1178. These athletes, other than Year 7, will go on to compete in the South West Schools Multi Events Champs later in 2016.

Full results overleaf



BRISTOL 10K – 15 MAY

A great Bath contingent

Team Bath results

Good running, hard day for it!

Jim Webb 148 42 00:34:57
 Chris Moore 81 58 00:35:57
 David Vaudin 106 90 00:36:52
 Nick Parry 2396 188 00:39:05
 Laura Backhouse 117 245 00:39:42
 Steve Hale 649 257 00:39:46
 Nick Skelsey 2871 277 00:40:06
 Joel Staley 2410 287 00:40:11
 Will Hawking 2916 389 00:41:10
 Zina Marchant 3118 1961 00:48:50
 Keith Jones 1670 2077 00:49:10
 Andy Reid 3049 2479 00:50:26
 Scott Moran 4417 3223 00:52:39
 Sue Brigden 1215 3733 00:54:02

HOPE24 – 14/15 MAY

Round, and round, and round

From Steve Milne

I travelled to Newnham Park near Plymouth to take part in the Hope24 race. Hope24 is a 24-hour multi-lap race run on a hilly 5 mile off-road course. All the proceeds from the event go to the Hope for Children charity. The event featured 5 different team categories: solo, 2, 3, 4-5 or 6-8 runners.

My loosely assembled 8-person mixed team, Your Pace or Mine, ran a total of 165 miles within the 24 hours. This earned us 3rd place in the 8 person mixed team category. We were 15 miles behind the winners, and 5th place in the overall event standings. In the solo runner standings Gary Richards took home the

victory running 130 miles while Janna Eyre was the leading female with 90 miles!

Having taken part the past 2 years, I would highly recommend this event. It is a well organised, friendly event for anyone looking for a race just a bit different from the normal individual or team races. The 2017 Hope24 event will be held on the weekend of 13th and 14th May. It would be great to see a Team Bath team or two competing next year.

MAY MILE – 15 MAY

The future is bright!

From Zöe Rucker

The May Mile – a race for ages 16 and under – saw over 500 athletes of the future take on a mile course either for the first time or as a returning PB-hunter. As part of the Junior Wiltshire Race League it attracted some of Bath's young aspirations:

Name, Race, Position, Time

Alex Hearn, U11, 18, 6.31
 Nynka Rucker, U11, 1, 5.54
 Josie Rucker, U11, 19, 6.33
 Stuart Hearn, U13, 13, 7.08
 Abby Rucker, U13, 4, 6.22
 Mia Bates, U15, 3, 6.36
 Toby Firkins, U15, 6, 5.49
 India Ibbotson, U15, 1, 5.52 – *New Course*
Record for the girls!

The going was good and the times were outstanding with hundreds of PBs met or bettered. The numbers themselves sum up what the May Mile™ is about for our young athletes – they are the future of Athletics.

THE RACING/TRACK & FIELD CALENDAR

May

28 NEWPORT, YDL UPPER AG
 29 Duathlon, Bath-Bristol Cycle Path – 5k run, 20k bike, 2k run
 31 Aztec Fast 5k (Bristol BS32 4TD)

June

4/5 Welsh Castles Relay
 5 Chippenham 5*
 5 Chiltern Chase offroad
 7 [Tues RunningBath 5k 7pm](#)
 8 Bitton 5k Summer Series
 11 YATE/SALISBURY, AVON/WILTSHIRE SCH
 12 Yeovil Marathon
 15 BATH, TEAMBATH OPEN
 18 Broad Town 5, Wootton Bassett*
 18 Ridgeway Revenge XC 10km & Half
 19 Hampshire Hoppit Half/Marathon
 19/20 NUNEATON, MIDLAND U/20/SEN CHAMPS
 19 BRISTOL, YDL LOWER A/G
 19/20 BEDFORD, EAU U/20/U/23
 20 CAMARTHEN, YDL UPPER AG
 23 MILLFIELD, OPEN MEETING
 24/25/26 BIRMINGHAM, UKS CHAMPS
 25 Cotswold Way Relay
 26 Aztec Fast 5k (Bristol BS32 4TD)
 30 Great Chalfield 10k

July

1 YATE, AVON LEAGUE
 3 Quantock Beast, 5.7m XC
 8/9 GATESHEAD, ESAA CHAMPS
 10 Fan y Big Horseshoe Race
 10 Bitton 5k Summer Series
 13 NEWPORT, YDL LOWER AC
 16 Frome 10K*
 17 Bitton Beach Buster
 23 YEOVIL, YDL UPPER AG
 24 GLOUCESTER, AVON LEAGUE
 31

August

2 [Tues RunningBath 5k 7pm](#)
 5 The Bustard 5, Pewsey*
 5 Rio 2016 Olympics
 7 EXETER, SW CHAMPS
 10 Bitton 5k Summer Series
 13/14 NUNEATON, MC U/15/U/17
 21 Foxtrot 5, Broughton Gifford

September

3 Malmesbury 10K*
 6 [Tues RunningBath 5k 7pm](#)
 25 43rd BMW Berlin Marathon

October

2 Cricklade Half Marathon*
 4 [Tues RunningBath 5k 7pm](#)
 16 Grittleton 10K*
 23 White Horse Gallop, Westbury
 30 ClockChangeChallenge 10K, Calne*

November

1 [Tues RunningBath 5k 7pm](#)
 8 Trowbridge Zombie Apocalypse 5k

December

4 Bromham Pudding 10k
 6 [Tues RunningBath 5k 7pm](#)

EXCALIBUR CLWYDIAN HALF MARATHON – 21 MAY

A win in Wales

From Mark Mackintosh

Another mountain race for me, and a win on a wet and misty mountain range in Wales.

- 1 Mark Mackintosh MV50 01:51:30 (TBAC)
- 2 Gary English MV50 01:52:00 (LIVERPOOL)
- 3 Elliot Cox MOPEN 01:54:16 (unattached)

YOUTH DEVELOPMENT LEAGUE, BATH – 21 MAY

Super second

From Di Viles

TeamBath hosted the second Youth Development League match at Bath on Saturday and finished second to Yate. Match points were as follows:-

- | | |
|------------------|-------|
| 1.Yate | 624 |
| 2.TeamBath | 587.5 |
| 3.Bristol/Mendip | 534 |
| 4.North Devon | 479.5 |
| 5.Worcester | 430 |
| 6.Forest of Dean | 351 |
| 7.Blaeneau Gwent | 306 |

There were a number of excellent performances, especially in the U/15 boys categories with maximum points scored in the 1500m races with Justin Davies winning the A race in 4.33.8 and James Gordon the B race in 4.52.9 and Femi Akimbobola and Keelan Tucker did the double in the 80m hurdles in 13.3 and 15.1. The high jump also saw maximum points with Ransford Ako-Nai, on his club debut, winning the A event with 1m57 and Ethan Hall the B with 1m45. In the girls events, Rhiannon Bowen and Imogen Leakey won the U/15 girls A and B 100m in 13.9 and 14.2 respectively, whilst in the U/13 girls, Ebony Hammond and Phoebe Card took maximum points in the 150m in 22.2 and 22.4.

Other A winners were India Ibbotson in the U/15 girls 800m in 2.24.7, Phoebe Card in the U/13 girls 75m in 10.9 and Ebony Hammond in the U/13 girls long jump with 4m17. B winners were Ethan Hall (U/15 boys 100m in 12.9 and 300m in 43.1), Will Browne (U/15 boys long jump with 5m17), Eleanor Webster (U/15 girls 300m in 46.1) and Tabitha Gallen (U/15 75m hurdles in 12.6).

Second A places went to Will Browne in the U/15 boys 100m in 12.3 and 200m in 25.2, just pipped on the line in both cases, Rory Howorth (U/15 300m in 39.3, 800m in 2.08.1 and javelin with 27m46), Will Scammell (U/15 boys long jump with 5m29), Dominic Murray (U/13 boys 75m hurdles in 15.3), Ellie Mount (U/15 girls 75m hurdles in 12.5), Eleanor Webster (U/15 girls long jump with 4m56), Nynka Rucker (U/13 girls 1200m in 4.10.7) and

Phoebe Card (U/13 girls shot with 6m37).

Second B places to Keelan Tucker (U/15 boy javelin with 22m85 and shot with 5m62), Evan Middlemore (U/13 boys javelin with 18m13), Ellie Mount (U15 girls 200m in 29.7), Eva Porter (U/15 girls 800m in 2.34.0), Helena Sugden ((U/15 girls shot with 6m99).

Thanks to John Webster for his hard work and to officials and parents who helped. We are creeping closer to Yate and if we could just fill a few holes, especially pole vault, in which we have yet to have a single competitor, despite a number of our young athletes training for it, we could yet beat Yate.

Other news. Tom Gale, in his GB international debut at the International event at Loughborough on Sunday, jumped 2m09 to finish 6th This is just 5cm below the PB he set the previous week in the Wiltshire County Championships and he beat his main rival, Rory Dwyer.

Full results overleaf

CLUB NEWS OPEN MEETING PROGRAMME, 15 JUN

Programme, and call for help!

From Di Viles

The programme for the Open Meeting is overleaf. Please also: a plea for help with both track and field. We need more offers of help, or we will not be able to put some events on. This is aimed at parents and road runners. Please support our track athletes, they are the athletes of the future.

MEMBERSHIP NEWS

Very important!

From TBAC

Please note if you have not yet paid your membership which was due on 1st April, please see me at the desk, even if you never received a renewal, many of you didn't receive my emails which may have gone into spam folders. It is not an excuse not to have paid your membership, the club membership was due on the 1st April and you currently owe £20.00, please come and see me at the desk. If you are managing to get into the STV with a working card without paying please see me. From the 1st of June your UK athletics membership will also expire and you will not be able to run under Team Bath Athletic Club which may affect club prizes, this not only includes the Welsh Castles and Cotswold way.

COTSWOLD RELAY

Mens and Mens Vets teams

From Malcolm Treby

Leg, Senior Men

- 1 James Donald
- 2 Dan Jones
- 3 Joel Staley
- 4 Chris Moore
- 5 Simon Brace
- 6 Luke Sturgess Durden
- 7 Malcolm Treby
- 8 Jim Webb
- 9 Chris Molloy
- 10 Dave Coales

Leg, Vet Men

- 1 Tom Hutchison
- 2 Mike Dooley
- 3 Nick Parry
- 4 Niall Urquhart
- 5 Andy Maggs
- 6 David Vaudin
- 7 Will Hawking
- 8 Steve Clifford
- 9 Sean Butler
- 10 Stuart Henderson

RESIGNING MEMBERSHIP

Thanks for everything

From Roger Miller

Regretably I shall not be continuing my membership with Team Bath. I believe I have been a member since 1979. Even before that I had given up serious Track competition, sprinting and hurdling, due to the difficulty of training, working and preparing for professional exams. But the friendly encouragement from Ray Brigden and Sue and others who tolerated my company on Road and occasionally Country gave me some degree of fitness and enjoyment.

After about sixteen years Di Viles gave me the chance to Coach the Sprints Group. This was on the basis that my son had done well. Di thought it might have resulted from my coaching but really he showed promise because he was "a natural sprinter". In my first year or so attempting to Coach I had the privilege of introducing Amy Williams to sprinting; she listened and concentrated. Not surprisingly, though, when Nick Brown formed a separate Club, primarily for Track and Field, Amy joined Nick to be with someone who was more confident of what he was doing.

At the University track the facilities were much better but we also had the inspiration of the International level athletes who were attracted to train with Malcolm Arnold, including Colin Jackson. Malcolm noticed a 400 H, Gareth Wiltshire, who I was helping

and very tactfully enabled me to be more effective in structuring my programme over the year and on any training day to give the athlete the best chance to use their ability. Gareth won a bronze at the English Schools Finals and went on to take a Sports Science Degree at Cardiff and a Masters followed by a Research Degree at Loughborough. He is now a Lecturer in the subject back with the University of Wales in Cardiff. Unfortunately Gareth had a persistent hamstringing problem and could not continue to compete at National level even though he was an outstanding hurdler. He was a very reliable 1.50s 800m runner as an alternative.

I continued to have some very gifted athletes to assist including Ruth Dean, who gained a Silver at English Schools and won on more than one occasion Linford Christie's Street Races, enabling her to be taken by him to the end of Season Grand Prix in Paris. Simon Merrill had two years of positions in the first three at English Schools before winning the Senior Sprint Hurdles. He started in gymnastics doing well but came to us with the hurdling technique already in his brain. In addition he had an explosive acceleration which might have taken him to success at the senior international level; if only he had been three inches taller.

According to the written down requirements to qualify for the World Junior Championships, his second place in the National Championships that year could have taken him there. Somehow the selectors, and the Chairman, on the day, is a member of our Club, were trying to select for the future and not that Championship and chose an athlete who finished behind Simon in the Heat and Final. I remain convinced that the special character of athletics competition is that it is about who is over the line, first, or before on that second of that day. I admit I have not got over that decision.

I have to thank not just Malcolm, but also Colin Bovell for assisting me with Simon. When Simon decided he could not be a "smash and grab" sprint Hurdler he turned to 400m H and became a 50s hurdler almost achieving International selection. That was entirely with Colin's Coaching.

Laura Maddox obtained a bronze medal at English Schools in the 400m when with our group but has subsequently developed her natural strength in coping with that distance. Laura has actually achieved senior international selection with some success also with the benefit of Colin Bovell's Coaching.

There are others I could continue to mention who have allowed me to enjoy

coaching them but I do have to include Jo Hutchinson specifically. Jo was/is a Decathlete. I only coached him for the track events and his strength and conditioning but he allowed me to work out his programme involving others; Ken Holmes, Paul Weston, Di Viles and Christian North. Jo was an English Schools Gold medallist at 200m and was in the first two or three for the Combined Events in the UK. From us he went to be a member of the North Carolina University Decathlon team. It was a considerable challenge justifying Jo's tremendous ability and I learned more than I can say.

I am now trying to organise my life to do most of the things I do in one place, for a change. That may well be in Salisbury if the process of selling and buying a home proceeds. I hope that I may continue coaching there. I cannot thank all those I have got to know in Team Bath enough for their company, advice, encouragement and assistance. Lastly I am so pleased that Colin Barros has and is developing Sprints and Hurdles to a new level, with more than twice the numbers in our groups.

AVON COUNTY CHAMPS 2016

NAME	A/G	EVENT	TIME/DIS	POSITION
ELLIE MOUNT	U/15 G	100M	13.29	3 F
IMOGEN LEAKEY	U/15 G	100M	13.55	5 F 13.38 H
TABITHA GALLEN	U/15 G	100M	13.6	6 F
BEN GAME	U/15 B	100M	13.52	5 F
LETICHA FAULFNOR	U/17 W	100M	13.04	2 F
MATTHEW WILSON	U/20 M	100M	12.14	4 F
SAM HALL	U/13 B	100M	16.01	6 H
LUKE GAME	U/13 B	100M	15.46	4 H
ELLIE MOUNT	U/15 G	200M	28.29	4 F
MATTHEW WILSON	U/20M	200M	23.5	4 F
SARAH WILSON	U/17 W	300M	43.39	2
SARAH LONG	U/20 W	400M	62.88	2
ANNA BURT	U/17 W	800M	2.12.4	1
SARAH WILSON	U/17W	800M	2.15.0	2
REBECCA PIERCE	SW	800M	2.23.4	1
THEMIS BOWER	U/17 M	800M	2.02.28	1
OLLIE TAVENER	U/13 B	1500M	5.11.47	4
HENRY WILLIAMS	U/13 B	1500M	5.21.40	8
LOUISE JEFFRIES	SW	1500M	5.37.3	7 VW/55
JENNY CARTER	SW	3000M	11.04.16	1
ELLIE MOUNT	U/15 G	75M HUR	12.25	1
TABITHA GALLEN	U/15 G	75M HUR	12.44	2
ELLA ADAMS	U/17 W	80M HUR	16.08	3
ELLA ADAMS	U/17 W	HT	37.01	1
TOBY PENTREATH	U/20 M	TJ	13M40	3
BELINDA SARGENT	SW	TJ	10M79	1
RENEE JELF	U/17 W	HJ	1M55	1
IMOGEN LEAKEY	U/15 G	HJ	1M37	2
ELLA ADAMS	U/17 W	PV	2M60	3
TOBY PENTREATH	U/20 M	LJ	6M20	1

YDL UAG MATCH 2 BATH 21/5/16

NAME	A/G	EVENT	PERF	POSITION
WILLIAM BROWNE	U/15 B	100M	12.3	2A
ETHAN HALL	U/15 B	100M	12.9	1B
WILLIAM BROWNE	U/15 B	200M	25.2	2A
FEMI AKIMBOBOLA	U/15 B	200M	25.8	1B
RORY HOWORTH	U/15 B	300M	39.3	2A
ETHAN HALL	U/15 B	300M	43.1	1B
RORY HOWORTH	U/15 B	800M	2.08.1	2A
BEN GAME	U/15 B	800M	2.40.8	4B
JUSTIN DAVIES	U/15 B	1500M	4.33.8	1A
JAMES GORDON	U/15 B	1500M	4.52.9	1B
FEMI AKIMBOBOLA	U/15 B	80M HUR	13.3	1A
KEELAN TUCKER	U/15 B	80M HUR	15.1	1B
JAMES GORDON	U/15 B	DT	15M25	3A
LEWIS ELLAM	U/15 B	DT	11M67	3B
RORY HOWORTH	U/15 B	JT	27M46	2A
KEELAN TUCKER	U/15 B	JT	22M85	2B
FEMI AKIMBOBOLA	U/15 B	SP	8M63	2A
KEELAN TUCKER	U/15 B	SP	5M62	2B
WILL SCAMMELL	U/15 B	LJ	5M29	2A
WILLIAM BROWNE	U/15 B	LJ	5M17	1B
RANSFORD AKO-NAI	U/15 B	HJ	1M57	1A
ETHAN HALL	U/15 B	HJ	1M45	1B
WILLIAM ANDREWS	U/13 B	100M	14.9	3A
EVAN MIDDLEMORE	U/13 B	100M	15.5	5B
THEO DAVIES	U/13 B	200M	36.1	7A
OLIVER LEWIS	U/13 B	200M	32.1	3B
WILLIAM ANDREWS	U/13 B	800M	2.39.7	4A
OLIVER LEWIS	U/13 B	800M	3.07.6	5B
DOMINIC MURRAY	U/13 B	75M HUR	15.3	2A
WILLIAM ANDREWS	U/13 B	JT	22M73	4A
EVAN MIDDLEMORE	U/13 B	JT	18M13	2B
EVAN MIDDLEMORE	U/13 B	SP	4M40	5A
THEO DAVIES	U/13 B	SP	3M30	6B
DOMINIC MURRAY	U/13 B	LJ	3M72	5A
OLIVER LEWIS	U/13 B	LJ	3M65	2B
DOMINIC MURRAY	U/13 B	HJ	1M20	5A
RHIANNON BOWEN	U/15 G	100M	13.9	1A
IMOGEN LEAKEY	U/15 G	100M	14.2	1B
RHIANNON BOWEN	U/15 G	200M	28	2A
ELLIE MOUNT	U/15 G	200M	29.7	2B
RHIANNON BOWEN	U/15 G	300M	45.9	2A
ELEANOR WEBSTER	U/15 G	300M	46.1	1B
INDIA IBBOTSON	U/15 G	800M	2.24.7	1A
EVA PORTER	U/15 G	800M	2.34.0	2B
ELEANOR WEBSTER	U/15 G	1500M	5.04.4	3A
KATIE ROBINSON	U/15 G	1500M	5.13.9	4B
ELLIE MOUNT	U/15 G	75M HUR	12.5	2A
TABITHA GALLEN	U/15 G	75M HUR	12.6	1B
POPPY NEWMAN	U/15 G	DT	15M09	4A
IMOGEN LEAKEY	U/15 G	DT	12M09	4B
HELENA SUGDEN	U/15 G	HT	16M76	5A
HELENA SUGDEN	U/15 G	JT	16M69	3A
INDIA IBBOTSON	U/15 G	JT	12M49	3B
PHOENIX WITCHEARD	U/15 G	SP	7M54	4A
HELENA SUGDEN	U/15 G	SP	6M99	2B
ELEANOR WEBSTER	U/15 G	LJ	4M56	2A
ELLIE MOUNT	U/15 G	LJ	3M56	4B

IMOGEN LEAKEY

PHOEBE CARD	U/15 G	HJ	1M35	3A
ANISAH QAZI	U/13 G	75M	10.9	1A
EBONY HAMMOND	U/13 G	75M	11.4	3B
PHOEBE CARD	U/13 G	150M	22.2	1A
ELLA TREBY	U/13 G	150M	22.4	1B
ABBY RUCKER	U/13 G	800M	2.54.9	5A
NYNKA RUCKER	U/13 G	800M	2.51.1	3B
JOSIE RUCKER	U/13 G	1200M	4.10.7	2A
ABBY RUCKER	U/13 G	1200M	4.30.3	3B
NYNKA RUCKER	U/13 G	JT	13M65	4A
PHOEBE CARD	U/13 G	JT	5M10	4B
EDITH MATTACKS	U/13 G	SP	6M37	2A
EBONY HAMMOND	U/13 G	LJ	2M83	6B
ANNABEL WAREHAM	U/13 G	LJ	4M17	1A
ABBY RUCKER	U/13 G	LJ	2M74	4B
EBONY HAMMOND	U/13 G	HJ	1M10	4E
4 X 100M RELAY	U/13 G	HJ	1M05	5E
4 X 100M RELAY	U/15 G		59.1	3
4 X 100M RELAY	U/13 B		57.4	5
4 X 100M RELAY	U/15 B		60.9	5
4 X 300M RELAY	U/15 G		49	1
4 X 300M RELAY	U/15 B		3.12.8	2
4 X 300M RELAY	U/15 B		5.55.0	2

POINTS

1.YATE	624
2.TEAMBATH	587.5
3.BRISTOL	534
4.NORTH DEVON	479.5
5.WORCESTER	430
6.FOREST OF DEAN	351
7.BLAENEAU GWENT	306

GUESTS

MOLLY DUNSTONE	U/15 G	800M	3.08.7	3
TABITHA GALLEN	U/15 G			3
ANNABEL WAREHAM	U/13 G	75M	12.6	4
EDITH MATTACKS	U/13 G	75M	13.5	5
ALEX PARSONS	U/15 B	800M	2.27.2	2
LEWIS ELLAMS	U/15 B	800M	3.17.2	5
WILL PINDER	U/15 B	100M	12.8	1

WILTSHIRE SCHOOLS PENTATHLON 2016

NAME	A/G	EVENT	TOTAL PTS
PHOEBE CARD	YR 7	100/HUR LJ SP HJ 800M	
		14.4 3M85 6M05 3.13.7	1339 1
KATIE ROBINSON	YR 8	16.6 3M63 4M95 1M16 2.40.7	1627 5
RANSFORD AKO-NAI	YR 8	14.3 6M04 7M50 1M60 2.32.3	2149 1
WILL SCAMMELL	YR 8	14.1 5M28 8M49 1M46 2.43.1	1867 2
JAMES GORDON	YR 8	17.1 4M19 6M88 1M31 2.27.7	1384 6
KEELAN TUCKER	YR 8	14.9 4M23 5M62 1M36 2.47.1	1314 8
TOBY FIRKINS	YR 8	17.1 3M82 6M00 1M26 2.34.0	1128 10
ANNA MURRAY	YR 9	12.2 4M65 5M93 1M31 3.04.2	2252 4
RORY HOWORTH	YR 9	12.7 5M27 9M51 1M56 2.07.4	2575 1
WILL BROWNE	YR 9	13.6 5M15 8M91 1M36 2.43.6	1873 4
JENNA BLUNDELL	YR 10	11.7 5M06 9M15 1M61 2.33.3	3289 1
JAKE NICKERSON	YR 10	17.1 5M97 9M65 1M56 2.17.1	2436 1
MAKSYM OBERMOK	YR 10	15.1 4M93 9M31 1M51 2.22.2	2195 2
MARCIN ORLEK	YR 10	17.4 N/S 9M11 1M51 2.19.7	1721 5

NAME	A/G	EVENT	TIME/DIST	POSITION	MIA BATES	U/15 G	75M HUR	13.3	2
PHOEBE CARD	U/13 G	100M	13.94	1	JENNA BLUNDELL	U/17 W	80M HUR	11.94	1 CR
EBONY HAMMOND	U/13 G	100M	14.13	2	IMOGEN DAWES-LANE	U/17 W	80M HUR	12.04	2
PHOENIX WITCHEARD	U/15 G	100M	13.85	2	ZOE MATTACKS	SW	100M HUR	17.3	1 U/20
MIA BATES	U/15 G	100M	14.59	8	RORY HOWORTH	U/15 B	80M HUR	12.57	1
MOLLY BENNETT	U/17 W	100M	13.48	3	FEMI AKIMBOBOLA	U/15 B	80M HUR	12.85	2
JASMINE REES	U/17 W	100M	14.28	7	KEELAN TUCKER	U/15 B	80M HUR	14.8	3
ZOE MATTACKS	SW	100M	13.3	1 U/20	JOEL MATTACKS	U/15 B	80M HUR	16.4	6
WILLIAM BROWNE	U/15 B	100M	121..	1	SAM ROBERTS	U/17 M	100M HUR	13.94	1
FEMI AKIMBOBOLA	U/15 B	100M	12.85	5	IMOGEN DAWES-LANE	U/17 W	300M HUR	46.17	1
JOEL MATTACKS	U/15 B	100M	14.58	12	JOE COLLINS	U/17 M	400M HUR	59.9	1
ULAS AKKUS	U/17 M	100M	11.19	1	TOM GALE	SM	HJ	2M14	1 CR U/20
SAM ROBERTS	U/17 M	100M	12	6	JENNA BLUNDELL	U/17 W	HJ	1M62	1
SAMUEL LLEWELLYN	U/17 M	100M	12.37	8	ABBIE ELMS	U/15 G	HJ	1M45	2
JAMES CHADWICK	U/17 M	100M	12.47	9	EBONY HAMMOND	U/13 G	LJ	4M43	1
WILLIAM KENNEDY	SM	100M	11.17	1 U/20	ELEANOR WEBSTER	U/15 G	LJ	4M59	2
JORDAN EARLEY	SM	100M	11.44	2 U/20	ABBIE ELMS	U/15 G	LJ	4M22	5
LOUIS TORTO	SM	100M	11.5	3 U/20	INDIA IBBOTSON	U/15 G	LJ	4M01	8
JULIAN KAY	SM	100M	14.71	7	JENNA BLUNDELL	U/17 W	LJ	4M92	1
EBONY HAMMOND	U/13 G	200M	29.51	1	MORGAN GOLLEDGE	U/17 W	LJ	4M21	3
PHOEBE CARD	U/13 G	200M	30.16	2	WILLIAM SCAMMELL	U/15 B	LJ	5M33	1
PHOENIX WITCHEARD	U/15 G	200M	29.11	5	RORY HOWORTH	U/15 B	LJ	5M32	2
MIA BATES	U/15 G	200M	29.91	8	KEELAN TUCKER	U/15 B	LJ	4M85	3
ELEANOR WEBSTER	U/15 G	200M	30.14	10	MARCIN ORLEK	U/17 M	LJ	6M03	1
MOLLY BENNETT	U/17 W	200M	28.61	4	JAKE NICKERSON	U/17 M	LJ	5M91	2
ZOE MATTACKS	SW	200M	27.58	1	JAMES CHADWICK	U/17 M	LJ	5M27	4
FEMI AKIMBOBOLA	U/15 B	200M	24.64	1	MORGAN GOLLEDGE	U/17 W	TJ	8M98	2
WILLIAM BROWNE	U/15 B	200M	24.77	2	KEELAN TUCKER	U/15 B	JT	25M08	3
WILLIAM SCAMMELL	U/15 B	200M	27.5	6	GABRIELLA HOLT	U/17 W	HT	37M17	1
JOEL MATTACKS	U/15 B	200M	29.81	9	IMOGEN HURST	U/17 W	JT	34M37	1
ULAS AKKUS	U/17 M	200M	23.11	1	CAROLINE BRENCHEY	U/17 W	SP	7M02	2
JAKE NICKERSON	U/17 M	200M	25.05	7					
JAKE BURKEY	U/17 M	200M	25.18	8					
SAMUEL LLEWELLYN	U/17 M	200M	26.03	10					
JAMES CHADWICK	U/17 M	200M	26.08	11					
WILLIAM KENNEDY	SM	200M	22.87	1 U/20					
LOUIS TORTO	SM	200M	23.38	2 U/20					
JORDAN EARLEY	SM	200M	23.5	5 U/20					
WILLIAM SCAMMELL	U/15 B	300M	44.02	2					
ARIANA WATLING	U/17 W	300M	45.85	2					
HANNAH WRIGLEY	SW	400M	61.94	1					
ELEANOR WEBSTER	U/15 G	800M	2.28.05	1					
EVE PORTER	U/15 G	800M	2.32.07	3					
CAROLINE BRENCHEY	U/17 W	800M	2.26.9	1					
NATALIE PIDGEON	U/17 W	800M	2.41.3	2					
HAYDEN BAILEY	U/17 M	800M	?	2					
HANNAH WRIGLEY	SW	800M	2.21.0	1					
INDIA IBBOTSON	U/15 G	1500M	5.06.20	1					
KATIE ROBINSON	U/15 G	1500M	5.16.96	5					
CAITLIN WOSIKA									

**TEAMBATH ATHLETIC CLUB
EVENING OPEN MEETING
ON
WEDNESDAY JUNE 15 TH
AT THE UNIVERSITY OF BATH
PERMIT NUMBER OUT 16/375**

<u>TRACK</u>			<u>FIELD</u>		
6.45	1,500M S/C	U/17 M/W SM/W	6.45	HT	ALL RELEVANT AGE GROUPS
				PV	ALL RELEVANT AGE GROUPS
7 PM	75M 100M	U/11 B & G ALL OTHER A/G	7 PM	LJ	ALL MALE A/G *
				HJ	1M00 START HT
				SP	ALL FEMALE A/G *
			7.30	JT	ALL MALE A/G *
				LJ	U/11 B & G
7.30	600M 800M	U/11 B & G ALL OTHER A/G			
			8 PM	HJ	1M40 START HT
8 PM	200M	ALL *			
		SP ALL MALE A/G *		LJ	ALL FEMALE A/G *
8.30	300M 400M	U/15 G & B/U/17 W U/17M, SM/W	8.15	JT	ALL FEMALE A/G *
1.45	RELAYS	ALL AGES			
*EXCEPT U/11					

ENTRIES ON THE NIGHT

ENTRY FEE £4 PER NUMBER SENIORS, £3 PER NUMBER ALL OTHER AGE GROUPS. ALL FIELD EVENTS EXCEPT HJ & PV, 4 ATTEMPTS ONLY.

SENIORS CAN TAKE PART IN ANY NUMBER OF EVENTS, OTHERS ARE RESTRICTED TO 3 EVENTS AND A RELAY.

ENQUIRIES TO DI VILES AT brandythecat@hotmail.com