

**AVON T&F LEAGUE: 2019    ROUND 2 (GLOUCESTER) and    ROUND 4 (YATE)****U11 BOYS**

Long Jump	11.15
75m	11.45
Howler Throw	12.20
600m	13.00

**U11 GIRLS**

Long Jump	11.00
75m	11.30
Howler Throw	12.00
600m	12.50

**U13 BOYS**

100m	12.20
Javelin	1.40
1500m	1.40
High Jump	2.10
200m	2.40

**U13 GIRLS**

Discus	11.00
75m	12.35
Shot	1.20
150m	1.50
Long Jump	2.10
800m	4.00
4 x100m Relay	4.10

**U15 BOYS**

100m	11.50
High Jump	11.50
Hammer	12.00
1500m	1.30
Javelin	1.40
200m	2.00
300m	3.00
Triple Jump	3.10

**U15 GIRLS**

Discus	11.00
100m	11.50
Long Jump	1.20
Shot	2.10
200m	2.30
800m	3.50
4 x100m Relay	4.10

**U17 MEN**

400m Hurdles	11.10
100m	11.35
High Jump	11.50
Hammer	12.00
1500m	1.20
Triple Jump	3.10
400m	3.20
Javelin	3.30

**U17 WOMEN**

300m Hurdles	11.00
Shot	11.00
100m	11.35
Long Jump	12.20
200m	2.20
Discus	2.40
800m	3.30*
4 x 100m Relay	4.10

**SENIOR & MASTERS MEN**

400m Hurdles	11.15
100m * (includes Masters)	11.20
High Jump	11.50
Hammer	12.50
1500m * (includes Masters)	1.10
400m	3.10
Triple Jump	3.10
Javelin	3.30

**SENIOR & MASTERS WOMEN**

Shot	11.00
400m Hurdles	11.05
100m * (includes Masters)	11.20
Long Jump	12.20
200m	2.10
Discus	2.40
800m	3.30*
4x100m Relay	4.10

**WHEELCHAIR/PARA ATHLETES MALE**

100m (all categories)	12.30
200m (all categories)	2.50

**WHEELCHAIR/PARA ATHLETES FEMALE**

100m (all categories)	12.30
200m (all categories)	2.50

Non-Scoring Pole Vault: Timed at 12.00pm: if this event is required, it is to be set up, officiated and put away by the Pole Vault community.

Womens 800m. The U17 and Senior women report for a race scheduled for 3.30 but separate races may be run. SW +WU17 at 3.30 or SW at 3.30 and WU17 at 3.40.