

The Bath Plug

Issue 1492 19 Dec 2019

In the Plug this week: Just recaps of news this week - Christmas closure dates, RunningBath 5K TT presentations, and the TBAC Xmas Hash.

Well done to everyone who ran Gloucester League XC for the club on Saturday - TBAC results below.

Tom Davies
(Plug Editor).

TBAC Christmas closure dates

By [Julia Waldron](#)

TBAC sessions finish for Christmas on the 19th December and re-start on the 7th January 2020.

RunningBath 5K TT presentations

By [Ray Brigden](#)

The presentation of prizes for the 2019 RunningBath 5k Timetrial will take place in the entrance area to the University sports village at 7pm on Tuesday 7th January 2019.

Prize winners are requested to make every effort to attend to receive their prizes from our sponsors RunningBath.

TBAC Xmas Hash

By [Tom Hutchison](#)

The Christmas Hash is without doubt best fun club running event of the year. It is for runners of all speeds and all degrees of festive unfitnes.

It is a multi terrain trail marked out with blobs of flour. The blobs are deliberately laid to give real and false trails. Those who run too fast use up their surplus energy sorting out

where the real trail goes, allowing those of a more leisurely pace to catch up.

This year another exciting course has been planned which will give many people a taste of wonderful parts of the local landscape they never know existed.

The course is being organised by Joanne Lumb and will start at 10.00 Friday 27 December at the Hullavington Arms; the Pub she runs with her husband.

He will do a special 'Hash' lunch and mulled cider to make the end of the trail worth waiting for!! Numbers for food will need to be known so they can work it in with other bookings but there should be an option to take a few more on the day too. Please phone them as soon as you know you want to eat.

The Hullavington Arms
The Street
Chippenham
SN14 6DU
TEL 01666 837770

Further details, including hash conventions/signs, can be found linked on the TBAC website [here](#).

Cross-country

By [James Donald](#)

Gloucester League

[More info here](#).

16/02/20 (Sunday): Cheltenham

Reserve date: Sunday 1/3/20

SW Cross Country Champs

To enter the 2020 event on 5th January 2020 please go to the following [link](#) where all details are shown. Entries close on Dec 23rd.

English Nationals (22nd Feb, Wollaton Park, Nottingham)

Results

Parkrun, 14 Dec 19

Glos League XC, Old Down 14 Dec 19

U15B

3 Dylan Stoneman 21:54

U11G

5 Sophie Maxwell 9:44

20 Sophie Jean Haldenby 10:46

U13B

1 Harry Maxwell 11:01

3 Joshua Maxwell 11:40

5 Josh Newton 12:02

SL

3 Freya Spruit (1FU17) 30:43

5 Lizzie Wraith 31:07

31 Lizzi Pitt 34:15

42 Florence Shekleton 35:43

46 Catherine Dale (3FV55) 35:46

48 Ella Treby (5FU17) 35:52

52 Jo Thompson (1FV60) 36:14

65 Philippa Spruit (6FV50) 37:35

80 Natalie Hargrave 39:33

U20M/U17B

5 Ellery Cole (2MU20) 28:09

SM

7 Aaron Pritchard 40:27

11 Themis Bower 41:00

17 Aidan Daniel 41:30

21 Joseph Chevalier 41:44

25 Robert Eaton 42:16

32 James Donald 43:09

36 Stephen Rose (4MV45) 43:38

40 Luke Sturgess-Durden (5MV45) 44:14

42 Mike Dooley (1MV50) 44:18

58 Christopher Elmer 45:55

77 Mark Mackintosh (2MV55) 47:24

98 Owen Davies 49:59

104 Malcolm Treby (16MV45) 51:13

111 Tom Hutchison (3MV65) 52:06

131 Mark Thomas (13MV55) 54:32

Bath Skyline parkrun

1 James WOOSNAM 00:19:05

7 Harry WILLIAMS 00:20:43

10 Carl TUCKER 00:21:08

22 Storm HAYWARD (1F) 00:22:13

31 Nigel OSBORNE 00:23:06

75 Rhys CROW 00:26:23

103 Polly PENNICOTT (14F) 00:27:54

132 Juliet RAYNES (25F) 00:29:46

229 Michael STANLEY 00:38:12

249 Janice RAMBRIDGE (80F) 00:43:47

Bury St Edmunds parkrun

162 Marcus FIELD-RAYNER 00:34:46

Portrush parkrun

5 Ben ASHBY 00:22:57

43 Rebecca WHITE (8F) 00:29:02

Peter Pan parkrun

12 India IBBOTSON (1F) 00:22:16

Melksham parkrun

131 Ben PHILLIPS 00:52:04

The Bath Plug is the weekly magazine of Team Bath AC. Copy and comment for publication, questions and corrections to the editor at plugeditor@teambathac.org. Copy to the editor by Wednesday 18.00 for inclusion. Available online at teambathac.org.

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