The official magazine of Team Bath Athletic Club First published Tuesday 01 Dec 1987

Issue 1556 18th February 2022





The Juniors show us how it's done at last Sunday's XC

If you didn't have that Friday feeling already, you will now, as you kick back and enjoy your weekly dose of inspiration from your favourite newsletter. TBACers braved the cold, wet and windy conditions last Sunday to deliver some impressive results. While our XC runners turned out in strength to maintain the chase for league honours, many others swapped spikes for carbon plates to smash out 10 miles along the Wiltshire lanes. Top running everyone - it's great to see so many blue & gold vests putting on a show.

Simon Brace.

The Plug Editor - email me here.

PLEASE ADD MY EMAIL TO YOUR CONTACTS SO I DON'T END UP IN YOUR JUNK



GlosAAA XC League Race 2 - Seniors 13th February

By Paul King

Some great individual and team results at yesterday's Round 2 Gloucester XC League fixture at Pittville Park. Weather was something else mind and the high winds completely destroyed the Club tent! But we are made of sterner stuff at TBAC.

The results speak for themselves with most of the age groups performing well. Excellent turn out from the Senior Ladies and Men. And even the 'very old' men joined in!

Amber Gascoigne continued her excellent form for the Ladies with Aidan Daniel the pick of the Senior Men. The men pushed Western Tempo close for first place but they are a very strong outfit with some top-notch runners. So no disgrace there.













Selected results below:

Mens race	distance 9.3Km	2			
	ib No. Name	Club		Category	Time
1	244 Leon Chevalier	University of Bath		SM/01	35:35
2	678 Ben Price			MV40/01	36:06
3	246 Max Davis	Western Tempo University of Bath		SM/02	36:21
0.75	619 Aidan Daniel			SM/03	
4		Team Bath AC			36:58
5	613 Phil Beastall	Western Tempo		SM/04	37:16
6	657 Christopher Wagstaff	Cheltenham & County Ha	rriers	SM/05	37:49
7	688 Marc Fallows	Western Tempo		MV45/01	37:58
8	607 James Vaughan	Western Tempo		MU20/01	38:06
9	602 James Harrod	Thornbury RC		MU20/02	38:19
10	601 Jamie Bell	Cheltenham & County Ha	rriers	MU20/03	38:26
11	633 Daniel Jones	Team Bath AC		SM/06	38:28
12	608 Elliott Avis	Team Bath AC		SM/07	38:52
Position		Category Score		e Position	
1 2	Western Tempo [A] Team Bath AC [A]	Team Open - Men		5+7+8+17	
3	Cheltenham & County Harriers		78 4 + 11 + 12 + 15 + 16 + 20 178 6 + 10 + 30 + 33 + 48 + 51		
4	Western Tempo [B]			+ 31 + 34 + 35	
5	Team Bath AC [B]			+ 40 + 46 + 50	
Position	Club	Category	Scor	e Race	Position
1	Western Tempo [A]	Team Masters - Men		26 2 + 7	7 + 17
2	Western Tempo [B]			111 19+	37 + 55
3	Clevedon [A]			117 29 +	39 + 49
4	Team Bath AC			146 40+	46 + 60
	ace distance 4.8Km	-10.10			
	ib No. Name	Club		Category	Time
1	590 Harry Maxwell	Team Bath AC		MU15	18:07
2	591 Joshua Maxwell	Team Bath AC		MU15	18:42
3	598 Henry White	Halo sports foundation		MU15	18:47
4	589 Dominic Martin	Cheltenham & County Ha	rriers	MU15	18:54
5	577 Akira Bees	Westbury Harriers		MU15	18:59
6	599 Sam Wilson	Cheltenham & County Ha	rriers	MU15	19:03
7	592 Murray Pearson	Westbury Harriers		MU15	19:32
8	586 Alex Hearn	Team Bath AC		MU15	19:45
Position	Club	Category	Scor		Position
1	Team Bath AC	Team - MU15		11 1+2	
2	Westbury Harriers			21 5 + 7	+9
	ace distance 2.2Km				TO
	ib No. Name	Club	12	Category	Time
1	217 Fletcher Rogers	Tockington Manor School		MU11	09:35
2	507 George Bull	Swindon Harriers		MU11	09:40
3	532 Freddie Rendell	Stroud & District AC		MU11	09:42
4	528 Rory Osborne	Team Bath AC		MU11	09:43
5	500 Edward Hare	Bourton Roadrunners		MU11	09:45
6	521 Albert Jakubowski	Team Bath AC		MU11	09:58
Desition	Club	Catanan	٠.		Daa't'
Position 1	Club Swindon Harriers	Category Team - MU11	Scor	e Race 30 2 + 9	Position
2	Cheltenham & County Harriers			31 7+1	
3	Tockington Manor School [A]	k a		31 1+1	58 53.
4	Bourton Roadrunners			34 5 + 8	
5	Team Bath AC			35 4+6	

,		Datif Flug 1550 16-02-2022		
Ladies / MU	117 / MV65+ race distance 6.4Km			
Position B	ib No. Name	Club	Category	Time
1	345 Arty Wilson-Spence	Worcester AC	MU17/01	26:08
2	335 Matthew Brunnock	Hereford & County AC	MU17/02	26:21
3	343 Dylan Stoneman	Team Bath AC	MU17/03	26:28
4	348 Kiya Dee	Cheltenham & County Harriers		27:08
5	409 Amber Gascoigne	Team Bath AC	LV40/01	27:34
6	344 Bexley Turbard	Cheltenham & County Harriers		27:47
7	396 Kimberley Newcombe	Stroud & District AC	LV35/01	27:53
8	372 Ella Burfitt	Cheltenham & County Harriers		28:22
9	392 Naomi Eaton	Western Tempo	LV35/02	28:36
10	365 Freya Spruit	Team Bath AC	LU20/01	28:38
11	336 Linus Burnage	Worcester AC	MU17/05	28:46
12	334 Matthew Brooks	Dursley RC	MU17/05	28:51
13	375 Isabel Davis	Team Bath AC	SL/02	
14	369 Chelsea Baker	Royal Navy AC	SL/02 SL/03	28:56 29:06
15	338 Charlie Coles	Gloucester AC	MU17/07	29:29
16	371 Alexandra Binley	Team Bath AC	SL/04	29:32
17	410 Samantha Harris	Forest Of Dean AC	LV40/02	29:37
18	366 Ella Treby	Team Bath AC	LU20/02	29:48
40 45	7 Cath Dale	Team Bath AC	LV55/01	32:35
41 47	8 Tom Hutchison	Team Bath AC	MV65/01	32:41
68 479	9 Paul King	Team Bath AC	MV65/02	36:08
	2 Lucinda Lumley	Angels RC	SL/14	36:11
		Team Bath AC	100	
70 45.	2 Philippa Spruit	ream Bath AC	LV50/03	36:13
Position	Club	The Control of the Co		Position
1	Team Bath AC [A]	Team Open - Ladies	28 5 + 1	
2	Team Bath AC [B]		71 16+	
3	CLC Striders [A]			22 + 34
4	Western Tempo		75 9 + 2	
5	Clevedon [A]		79 23 +	
6	Cheltenham & County Harriers [A]		79 8 + 3	
,	Gloucester AC [A]		106 20 +	
8	CLC Striders [B] Forest Of Dean AC		142 43 + 147 17 +	
10	Cheltenham & County Harriers [B]		153 48 +	
11	Team Bath AC [C]		156 40 +	
11	ream battrac [c]		130 40 +	40 + 70
Position	Club			Position
1	CLC Striders [A]	Team Masters - Ladies	75 19+	
2	Clevedon [A]		82 23 +	
3	Team Bath AC		115 5 + 4	0 + 70
	ace distance 2.7Km			
Position B	ib No. Name	Club	Category	Time
1	309 Maddie Thomson	Cheltenham & County Harriers	LU13	11:17
2	298 Sophie Maxwell	Team Bath AC	LU13	11:22
3	288 Olivia Avery	Cheltenham & County Harriers	LU13	12:00

GlosAAA XC League Race 2 - Juniors

13th February

By Chris Maxwell

The TBAC junior squad braved the arduous weather conditions and sloshy Pittville Park (Cheltenham), for the second round of the Gloucester League on Saturday.

First up to take on the mud, stream crossing and horizontal rain were the Under 11 boys. They set a strong standard with Rory Osborne coming through the field strongly to take 4th, closely followed by Albert Jakubowski 6th and Alex Stokes 25th. We also had 3 Bath athletes in the U13 boys race, and they all ran brilliantly to take team bronze, led by another strong run from Tobi-Lee Loughlin in 2nd. Charlie Lloyd-Bostock 9th and Jacob Sanchez-Fulton 20th completed the team.

The Under 15 boys went better still, with the Maxwell twins once again leading a team gold (with an individual 1-2), ably supported by Alex Hearn in 8th. Finally Dylan Stoneman finished a fine 3rd in the U17 race.

While we were somewhat under represented in the girls races, Ethel Downes (24th in the U11) and Sophie Maxwell (2nd in the U13) flew the Bath flag with pride.

The final Gloucester League race is on 5th March at Old Down - hoping to see a big turn out!







The best of the rest February By Paul King

A number of TBAC athletes chose the road rather than the mud in the Wiltshire 10 miler. Aaron Pritchard shrugged off his disappointment at the recent Speedway 10k to post a podium place. He still feels there's much more to come but pleased with the result in windy conditions.

Wiltshire 10 mile road race - Sunday 13th Feb 2022:

Aaron Pritchard MSen 55:35 3rd overall

Josh Taylor MSen 58:34 9th overall

Martin Couzins M50 1:06:32 42nd

James Camp MSen 01:07:21 50th

Carl Tucker M50 01:08:03 58th

Joanne Lumb F40 01:14:18 110th

Georgie Wells F40 01:17:54 134th

Alison Vaugniaux F60 01:22:14 173rd

(photo above from left: Carl Tucker; Martin Couzins; James Camp)

Caitlin Wosika continued her streak of excellent form by breaking the 5min barrier for the mile with a superb PB time of 4:55:88 at the Howie Ryan Invitational, Texas indoor meeting (photo below).

And at the Street 5k Series on Wednesday 9th Feb, Ben Holding MV45 clocked 18:29 for 17th overall.





The Bath Plug is the weekly magazine of Team Bath AC. Copy and comment for publication, questions and corrections to the editor at plugeditor@teambathac.org. Copy to the editor by Wednesday 16.00 for inclusion. Available online at teambathac.org.

If you would like to unsubscribe from The Bath Plug or to update your TBAC communication preferences more generally, please do so here. This ensures your preferences are updated within the TBAC membership records.







