

# THE BATH PLUG



Gertie on her way to one of two medals at the Avon County Champs

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Another inspiring mix of race results and reports this week. Young and old, it's great to see so many TBACers repping the club in their blue & gold... putting their hard training to the test, being their best, and most importantly having fun. Keep up the good work Team!

Simon Brace.  
The Plug Editor - email me [here](#).

PLEASE ADD MY EMAIL TO YOUR CONTACTS SO I DON'T END UP IN YOUR JUNK

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## BMC 1500m Birmingham

14th May

By [Mark Davies](#)

Justin Davies who set a new pb of 3.43.61 in the 1500m Grand Prix BMC event in Birmingham on Saturday. In his first race of the season he was 0.61 seconds outside the World Junior Standard and is currently 1st in the UK U'20 1500m mens category.





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## Track & Field results

14-15th May

By Mark Thomas

### Somerset County Championships (Yeovil)

Only one TBAC athlete took part in the Somerset County Championships on Saturday 14th May. The steeplechase races were joint Somerset and Avon County Championships races. Dylan Stoneman (MU17) won the 1500m Steeplechase in a time that ranks him number 1 in the country, not only in the under 17 age group but across all age groups.

Dylan Stoneman (MU17) 1500m Steeplechase 1st 4:36.27

Having won the steeplechase on the Saturday morning, Dylan then went to the Avon Championships on the Saturday afternoon and won the 3000m (see below).

### Avon County Championships (Yate)

Many TBAC athletes compete in the Wiltshire County Championships. Even so, there was a disappointing turnout of TBAC athletes at the Avon County Championships in Yate, with only eleven competing over the weekend (Saturday 14th - Sunday 15th May). However, there were some excellent results. The following people are Avon County Champions: Louise Jeffries (FV60) 800m, Eleni Francis (FU20) Long Jump, Gertie Blewitt (FU15) 300m and Dylan Stoneman (FU17) 3000m.

Louise Jeffries (FV60) 800m 1st 3:03.54

Eleni Francis (FU20) Long Jump 1st 5.27m

Eleni Francis (FU20) 100m Final 3rd 12.99s

Ciara Galvin (FU17) Long Jump 2nd 5.13m

Ciara Galvin (FU17) High Jump 2nd 1.47m  
Nicholas Van Beneden (MU17) 100m Heat 1 2nd 12.03s  
Nicholas Van Beneden (MU17) 100m Final 3rd 12.12s  
Dylan Stoneman (MU17) 3000m 1st 9:25.88  
Will Semple (MU15) 100m Final 8th 13.79s  
Gertie Blewitt (FU15) 300m Heat 2 1st 45.55s  
Gerite Blewitt (FU15) 300m Final 1st 44.31s (image below)  
Gertie Blewitt (FU15) 800m 2nd 2:31.23  
Stanley Wyatt (MU15) 800m 3rd 2:17.18  
Thomas White (MU15) 800m 8th 2:28.09  
Thomas Reece (MU15) 1500m 7th 4:53.55  
Aleander Reece (MU13) 1500m 6th 6:02.65



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## Tewkesbury Half Marathon

15th May

By [Paul King](#)

Peter Grist 74:40 7th overall

Phil King 83:05 4th MV50

Steve Rose 85:32 5th MV50



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## Hullavington Half Marathon

15th May

By Paul King

Carl Tucker 92:18 1st MV50



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## Snowdonia Half Marathon

15th May

By [Paul King](#)

Jay Ruddock 1:50:04 11th MV45

Lizzie Pitt 1:56:45 4th FSEN

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## Jurassic Coast Challenge 100k

15th May

By [Kim Barfoot Brace](#)

Congratulations to TBAC's Matt who's ticked off the 1st of 3 parts of his challenge, raising money for [Penny Brohn UK](#) who've been a lifeline to his mum following her cancer diagnosis.

Last weekend he completed Event 1 - Ultra Challenge Series Jurassic Coast Challenge 100km Ultra (62.1 miles) - Corfe Castle to Bridport.

Still to come is...

Event 2 - Man vs Coast 25 miles - Marazion Beach to Land's End.

Event 3 - London Marathon 26.2 miles.

Matt is putting an incredible amount of hard work and dedication behind this... we're right behind you all the way Matt, you've got this!

You can sponsor Matt [here](#), all donations no matter how small are deeply appreciated.



## Westbury 5k

10th May

By Paul King

Headlines:

Peter Grist 15:55 5th overall

Tobi Loughlin 17:14 1st U17

Freya Spruit 18:11 1st Female

Strong times also from:

Kieran Payne 17:57

Matt Levett 18:37

Ben Holding 19:00



## Immortal Stourhead middle distance triathlon

15th May

By Paul King

Izzy Davies 3rd Female





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## Cotswold Way Relay Update

By [Tom Hutchison](#)

Preparations for the Cotswold Way Relay on 2nd July are hotting up.

There have been 100 teams entered: Vets, Women's and Open teams from Team Bath.

The race organisation needs plenty of volunteer help. There is room for 2 more people on the race organisation committee. This is great experience in the nuts and bolts of event organisation. We need people to be Tail runners. All you need for this is to be able to follow the back of the race at about 10 minutes a mile pace, carry and be able to use a first aid kit, and be able to adapt to unforeseen runners' needs during each stage. We

need people to be stage start and finish officials. You can do this and still run in the race, e.g. marshall stage 2 and run stage 7.

Please contact Phillipa Spruit [here](#).

The event t-shirt can now be purchased for £20 from the Team Bath shop [here](#).



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## Track & Field competition update

By [Mark Thomas](#)

### Avon League

The Avon League is a series of four competitions between eight local athletics clubs. It is open to all age groups and features all the field events, and track races up to 1500m. If you wish to take part please contact the team managers:

[Mark Thomas](#)

[Iain Osbourne](#)

The events take place in Yate and Gloucester.

Sunday 12th June, Yate

Sunday 10th July, Yate

Sunday 21st August, Yate  
Sunday 11th September, Gloucester

The team managers need to select the teams as we can enter only three athletes in each event (six for the under elevens (quadkids)) so please get your applications to compete in early.

### South West Track & Field Championships

These championships are taking place in Exeter on Sunday 24th July. Entries for it do not yet appear to be open, but keep your eye on the [website](#).



The Bath Plug is the weekly magazine of Team Bath AC. Copy and comment for publication, questions and corrections to the editor at [plugeditor@teambathac.org](mailto:plugeditor@teambathac.org). Copy to the editor by Wednesday 16.00 for inclusion. Available online at [teambathac.org](http://teambathac.org).

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