

# THE BATH PLUG



Harry upgrades his Wiltshire green for England white

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A light Plug this week, but no less quality. In fact it's all national and international competition, with inspiring performances from all. Top racing Team!

Simon Brace.  
The Plug Editor - email me [here](#).

PLEASE ADD MY EMAIL TO YOUR CONTACTS SO I DON'T END UP IN YOUR JUNK

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## English Schools XC Championships

18th March

By [Chris Maxwell](#)

The English Schools Cross Country Championships took place this year at Wollaton Park in Nottingham. Team Bath athletes representing Avon and Wiltshire produced some stunning performances matching the majestic Elizabethan mansion overlooking the undulating course.

The English Schools is the premier event for juniors on the cross country calendar, so to have 10 TBAC athletes competing with 5 achieving a top 25 place is super impressive. Highlight of the day was a 5th place for Harry Maxwell which earned him an England vest and selection in next week's Home Nation Championships. Stan Wyatt missed the team by 1 place, but his impressive progression suggests he may well go even better in the future. Well done to all!

### Inter Girls

16th Tilly Nickell (Wilts)

### Junior Girls

82nd Sophie Maxwell (Wilts)

138th Olivia Paul (Wilts)

282nd Polly Pennicott (Avon)

### Senior Boys

22nd Dylan Stoneman (Avon)

196<sup>th</sup> Felix Newton (Wilts)

### Inter Boys

5th Harry Maxwell (Wilts)

58th Josh Maxwell (Wilts)

### Junior Boys

11th Stanley Wyatt (Avon)

16th Tobi Loughlin (Wilts)

202nd Daniel Phelps (Wilts)







## European standard distance Duathlon Champs 19th March

By Marianne Carpenter

Andy Alcorn and I headed off to Italy to contest the Europeans last weekend, just outside of Venice. A somewhat chilly early start for a flat but twisting 4-lap 10km run round the cobbled streets and beachfront of Caorle, we then dashed through T1 and headed out onto the fast flat 2-lap 40k bike route into the surrounding countryside. Rolling back into T2 (I took a slight detour at one roundabout when the marshal forgot to tell me which way to go!) it was out for the final 5k run.

Andy made his first Top-Ten with a solid 8th in MV55-59 only a minute behind 6th place. I moved up to the FV50-54 category and was delighted to take my first European AG Gold, coming home 9th overall.





## The Sapphire League

By [Mark Thomas](#)

Many of the larger SW regional clubs hold Open meeting athletics events to provide competition exposure to athletes across the region. The Sapphire League is a points-based league system (similar to the Diamond League) that athletes can elect to register for specific events held at nominated Open Meetings, defined as the South West Open Series. This is in addition to entering the event with the host club, so an athlete must enter



first in the usual way then elect to register your performance before the event takes place using the [Jotform link](#).

For 2023 the confirmed “Open Series” events are;

1. Yeovil Open 8th April 2023
2. Yeovil Open 10th April 2023
3. Yate Throws and Jumps Open 15th April 2023
4. Yate Sprints and Hurdles Open 16th April 2023
5. Exeter Open 25th July 2023
6. Newquay and Par Open 19th August 2023
7. Yeovil Games Open Meeting 9th Sept 2023
8. Bournemouth Open Meeting 10th Sept 2023

Sapphire League scoring is from 8 points to 1 point for each of the nominated events. The nominated events for 2023 Season are:

In the Under 17 Age group; 3k, 800, 200, 100, LJ, HJ, Jav, Ham

In the Senior Age Group; 3k, 800, 200, 100, LJ, HJ, Jav, Ham

In competition, the first registered competitor would get 8 points allocated, 8 for the winner down to zero. The points would be accumulated throughout the SW Open Series with the athlete with the highest overall point score at the end of the series becoming the League Champion and winning a Trophy or Prize.

The cost of entering the series is £10 for one event, £15 for two events, and £20 for three events.

The Sapphire League is being run on a non-profit basis by Yeovil Olympiads AC.

The entry link is [here](#).

The facebook link is [here](#).

Preliminary results will be posted [here](#).

For further details contact Mark Thomas [here](#).

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The Bath Plug is the weekly magazine of Team Bath AC. Copy and comment for publication, questions and corrections to the editor at [plugeditor@teambathac.org](mailto:plugeditor@teambathac.org). Copy to the editor by Wednesday 16.00 for inclusion. Available online at [teambathac.org](http://teambathac.org).

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