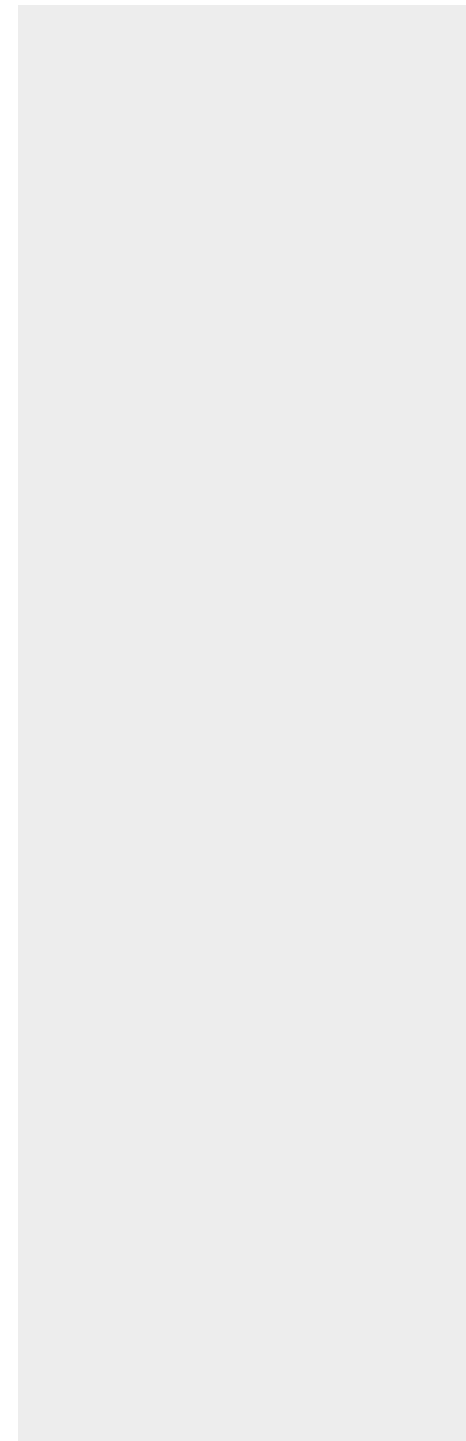
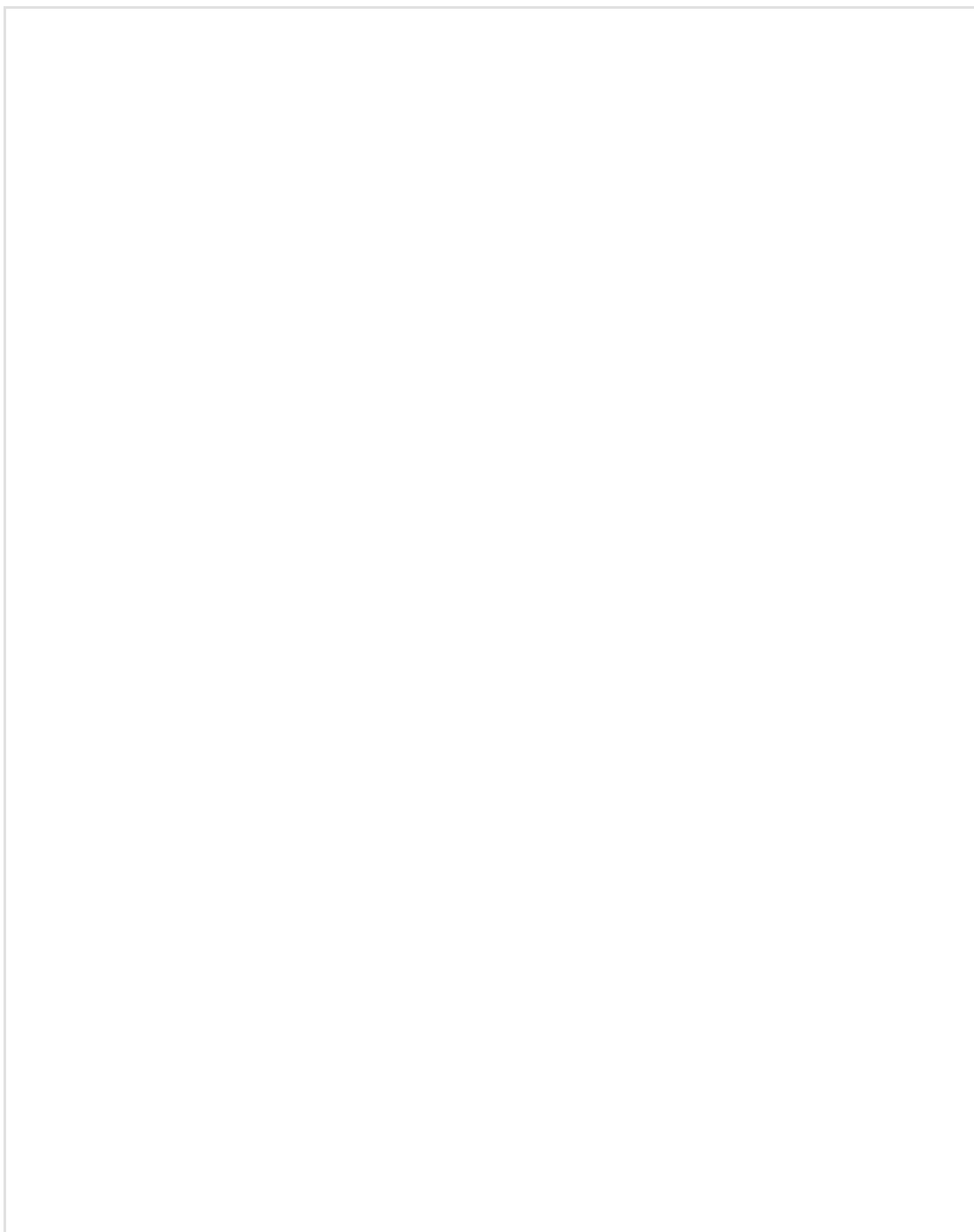
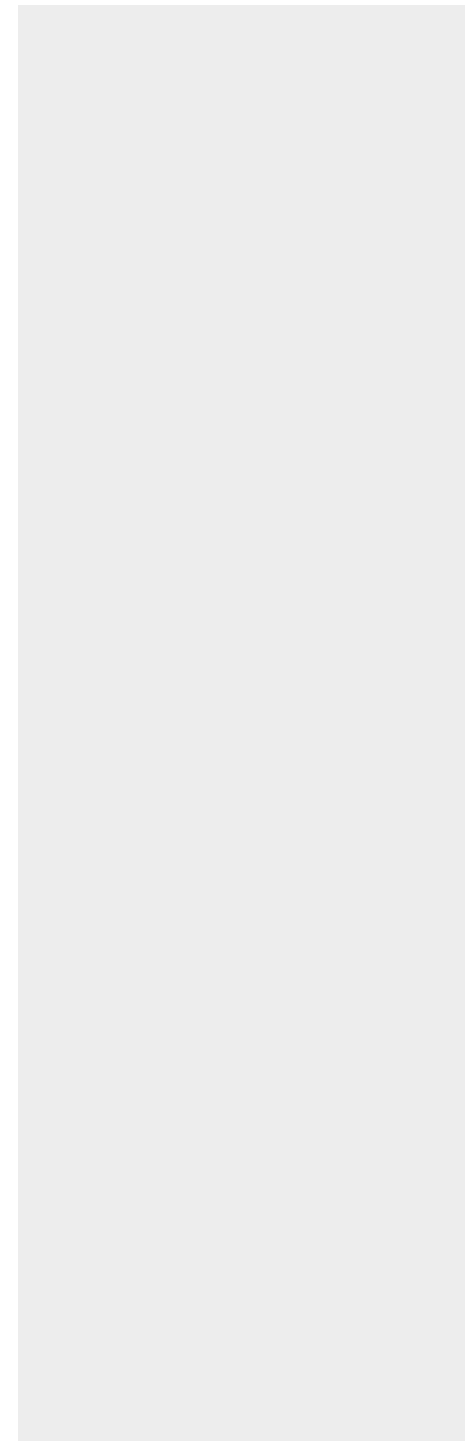


The official magazine of Team Bath Athletic Club
First published Tuesday 01 Dec 1987

Issue 1602 15th July 2023

THE BATH PLUG







Daisy Duncan collects her bronze for Wiltshire, PBing in the U15 girls high jump at the English Schools Championships

More track & field than you can shake a javelin at this week... and that excludes any report of our athletes at the British Champs last weekend (hint, hint). Plus the ever-enjoyable Cotswold Way Relay - just one report from Alison - it's not too late (hint, hint, hint) if anyone else wants to write about our very own race which was delivered once again so brilliantly by Tom and his merry ladies and gents.

Simon Brace.
The Plug Editor - email me [here](#).

PLEASE ADD MY EMAIL TO YOUR CONTACTS SO I DON'T END UP IN YOUR JUNK

Track & Field

By Di Viles and Mark Thomas

English Schools Track & Field Championships, Birmingham

Several TBAC juniors were selected by their County Schools Athletics Association to represent their County at the English Schools T&F Championships in Birmingham. With 1,844 athletes registered to compete this is, reputedly, the third largest athletics competition in the World (after the Olympics and the World Championships).

Pride of place goes to the three TBAC athletes who medalled: bronze medals for Daisy Duncan (FU15) in the high jump and Charlie Staddon (MU20) in the 110m hurdles, and a gold medal for Dylan Stoneman (MU20) in the 2000m steeplechase.

Friday 30th June

Ashley Avis (MU17) 100m h1 2nd 11.23s

Gertie Blewitt (FU15) 300m h2 4th 41.20 (PB)

Charlie Haines (MU17) 800m h3 9th 1:57.96 (PB)

Stanley Wyatt (MU15) 800m h2 3rd 2:02.44

Thomas White (MU15) 800m h4 3rd 2:03.19

Tobi-Lee Loughlin (MU15) 1500m h1 6th 4:18.66 (PB)

Charlie Staddon (MU20) 110mH h1 2nd 14:28 (PB)

Ellie Mullins (FU17) 300mH h2 6th 46.64s (PB)

Daisy Duncan (FU15) HJ 3rd 1.56m (PB)

Saturday 1st July

Ashley Avis (MU17) 100m F 8th 11.09s (first photo below)

Harry Maxwell (MU17) 3000m F 5th 8:57.86

Charlie Staddon (MU20) 110mH F 3rd 14.08s (PB) (second photo below)

Joshua Maxwell (MU17) 1500mSC F 14th 4:40.32

Dylan Stoneman (MU20) 2000mSC F 1st 6:02.29 (PB)

Peter Krunity-Salako (MU20) HJ 7th = 1.87m

Eleni Francis (FU20) LJ 15th 5.47m

Alice Wilson (FU20) LJ 18th 5.30m





On Tuesday 11th July there was an open meeting at the track in Stoke Gifford. This meeting doubled as the Avon 1500m Championships.

Alex Stokes (MU13) 75m h1 6th 12.1s (PB)

Thomas Nester (MU11) 75m h3 4th 12.3s (PB)

Aisling Saunders (FU11) 75m h2 4th 12.2s (PB)

Daniel Lawrence (SM) 100m 6th 12.1s (PB)

Freddie Fowle (MU15) 100m 2nd 12.6s (PB)

Orson Pace (MU15) 100m 4th 13.4s (PB)

Matilda Willingham (FU15) 100m h1 4th 14.6s (PB)

Reef Ovens (FU15) 100m h1 5th 14.6s (PB)
Lily Ply (FU15) 100m h2 2nd 13.9s (PB)
Alice Bassett (FU15) 100m h2 3rd 14.1s
Thomas Nester (MU11) 600m 7th 2:17.4 (PB)
Craig Bridges (V35) 1500m 8th 4:43.9
Stanley Wyatt (MU15) 1500m 1st 4:15.4 (PB) Avon Champion
Orson Pace (MU15) 1500m 13th 4:56.2 (PB)
Rory Osborne (MU13) 1500m 2nd 5:06.7 (PB)
Alex Stokes (MU13) 1500m 6th 5:28.1 (PB)
Noelle Delin (FU15) 1500m 6th 5:36.6 (PB)
Aoife McGee (FU15) HJ 1st 1.35m
Matilda Willingham (FU15) HJ 2nd 1.20m (PB)
Ella Delin (FU13) HJ 3rd= 1.15m
Natalia Adamska (FU13) HJ 6th 1.05m (PB)
Alex Stokes (MU13) LJ 6th 3.56m (PB)
Natalia Adamska (FU13) LJ 7th 3.43m (PB)
Aisling Saunders (FU11) LJ 15th 2.14m
Maeve McGee (FU17) TJ 2nd 8.15m (PB)
Alice Bassett (FU15) TJ 3rd 8.41m (PB)

BMC Regional Race Series,

University of Birmingham, Wednesday 12th July

Dylan Stoneman (MU20) 5000m 13th 14:54.88 (PB)

**Youth Development League, Lower Age Group, Neath
Saturday, 8th July**

TeamBath sent a severely depleted team to Neath on Saturday for the third YDL LAG match of the season and finished fourth overall, mainly due to our excellent U/15 boys team plus Gertie Blewitt and Rory Osborne.

Double A-winner was Tom White who won the U/15 boys 300m in 40.3, a new PB and 800m in 2.04.2 plus a second A place in high jump with another pb of 1.57. Emmanuel Daso won the U/15 boys long jump A with 4.70 and 200m B in 24.1 plus a second A place in 100m in 12.7. Joshua Davies won the U/15 boys 1500 m in 4.43.0 whilst William Game won the U/15 boys 80m hurdles in 13.3. Corey Summers won the U/15 boys javelin A with 44.53 and finished second in the discus with 20.45. In the U/13 boys age group, the sole winner was Rory Osborne with a win in the U/13 A javelin with a new pb of 28.82 and finished second A 800m in 2.26.2. Other B winners were Jacob Sanchez-Fulton in the U/15 boys 800m in 2.17.4, 80m hurdles in 13.9 and shot with 10.34, a new PB, Daniel Phelps in the U/15 1500m in 4.53.4 and Orson Pace in the U/15 boys high jump with 1.45.

Gertie Blewitt continued her excellent season with wins in the U/15 girls 300m in 42.7 and 800m in 2.25.5.

Second A places went to Thomas Southgate in the U/15 200m in 26.0 and Olivia Paul in the U/15 girls 1500m in 5.05.5. Second B places to Orson Pace in the U/15 boys shot with 7.83 and Thomas Southgate in the U/15 long jump with 2.94.







Youth Development League, Upper Age Group, Aberdare

Sunday 2nd July

Athletes from Team Bath AC join with others from Bristol & West AC and Yate & District AC to form Team Avon for this competition for athletes in the U17 and U20 age groups. After three rounds Team Avon has finished top of the division and has qualified for the regional final in Rugby on Sunday 30th July.

Team scores were as follows:

1. Team Avon 542.4
2. Swansea 482.4
3. Cheltenham 404.4

A winners were Dylan Stoneman in the U/20 800m in 2.06.14, Charlie Staddon in the U/20 men's 110 hurdles in 14.65, both off the back of English Schools success; Dominic Murray in the U/20 men's long jump with 6.09, Tom Blackburn, returning from injury, in the U/20 men's high jump with 1.75, Eleni Francis in the U/20 women's long jump with 5.30, Jamie Semple in the U/17 men's high jump with 1.75, a new PB, Ellie Mullins in the U/17 women's 300m in 41.80 and Tilly Nickell in the U/17 women's 3000m in 10.39.14.

B winners were Dominic Murray in the U/20 men's 100m in 11.80, Ben Wagstaff in the U/20 men's 3000m in 9.36.24 and Jamie Semple in the U/17 men's 200m in 24.12.

Second A places went to Sam Walker (U/20 m javelin with 45.40), William Willetts (U/17 m triple jump, with 11.85), Ellie Mullins (U/17 w long jump, with 5.18) and Ned Blackman (U/20 m 800m in 2.22.31) whilst second B places went to William Willetts (U/27 m 800m in 2.22.38) and Esme McKenzie (U/17 w long jump with 4.30).

The steeplechase races at this meeting had to be cancelled because the water was leaking from the water jump as fast as it was being put in thus depriving Dylan Stoneman (MU20) of a race. The pole vault had to be abandoned because of high winds thus depriving Will Semple (MU17) of a competition.

FULL RESULTS:

Dominic Murray (MU20) 100m B 1st 11.80s

Jamie Semple (MU17) 200m B 1st 24.12s

Ellie Mullins (FU17) 300m A 1st 41.80s (PB)

Michael Callan (MU20) 400m A 3rd 56.68s

Dylan Stoneman (MU20) 800m A 1st 2:06.14 (PB)

Ned Blackman (MU17) 800m A 2nd 2:22.31

William Willetts (MU17) 800m B 2nd 2:22.38 (PB)

Ben Wagstaff (MU20) 3000m 1st 9:36.24

Tilly Nickell (FU17) 3000m 1st 10:39.04

Charlie Staddon (MU20) 110mH A 1st 14.65s
Michael Callan (MU20) 400mH A 3rd 69.29s
Tom Blackburn (MU20) HJ A 1st 1.75m
Jamie Semple (MU17) HJ A 1st 1.75m
Dominic Murray (MU20) LJ A 1st 6.09m
Eleni Francis (FU20) LJ A 1st 5.30m
Ellie Mullins (FU17) LJ A 2nd 5.18m (PB)
William Willets (MU17) TJ A 2nd 11.85m
Sam Walker (MU20) JT A 2nd 45.40m

Avon League, Yate

Sunday 25th June

FULL RESULTS:

Luca McMullan (MU13) 75m h1 5th 11.9s (PB)
Caleb Lai (MU13) 75m h2 5th 11.1s (PB)
Harper Jensen (FU13) 75m h1 6th 11.3s (PB)
Konstantina Kampanou (FU13) 75m h2 7th 12.0s (PB)
Kenneth Muhumuza (SM) 100m 4th 11.7s
Nathan Brooks (MU20) 100m 6th 12.2s (PB)
Joseph Bailey (MU17) 100m 3rd 11.9s (PB)
Daniel Lawrence (MU17) 100m 5th 12.1s (PB)
Harry King (MU17) 100m 6th 12.3s (PB)
Emmanuel Daso (MU15) 100m h1 3rd 12.1s (PB)
Alexander Hadler (MU15) 100m h2 2nd 12.4s (PB)
Gracian Blajek (MU15) 100m h2 3rd 12.5s (PB)
Imam Qazi (MV45) 100m 1st 12.8s

Phoebe Card (FU23) 100m 1st 13.4s
Jemima Woods (FU17) 100m h1 1st 13.2s (PB)
Camille Guillon (FU17) 100m h2 4th 13.6s (PB)
Emma Pavey (FU15) 100m h1 2nd 13.5s (PB)
Alice Bassett (FU15) 100m h2 4th 13.7s (PB)
Michelle Katsande (FU15) 100m h3 1st 13.8s
Louise Jeffries (FV60) 100m 2nd 17.2s
Gracian Blajek (MU15) 200m h1 3rd 25.5s (PB)
Emmanuel Daso (MU15) 200m h2 1st 24.3s (PB)
Frankie Pethers (MU15) 200m h2 3rd 25.9s (PB)
Luca McMullan (MU13) 200m h1 5th 34.3s (PB)
Caleb Lai (MU13) 200m h2 5th 31.2s (PB)
Mia Bates (FU23) 200m 1st 27.5s
Phoebe Card (FU23) 200m 2nd 28.5s
Jemima Woods (FU17) 200m 2nd 27.3s (PB)
Gertie Blewitt (FU15) 200m h1 1st 26.1s (PB)
Michelle Katsande (FU15) 200m h2 2nd 29.0s (PB)
Emma Pavey (FU15) 200m h2 3rd 29.3s (PB)
Harper Jensen (FU13) 200m h1 4th 31.2s (PB)
Jacob Sanchez-Fulton (MU15) 300m 2nd 41.5s
Jasper Cox (MU20) 400m h2 3rd 57.1s (PB)
Ned Blackman (MU17) 400m 4th 59.4s (PB)
Yusuf Qazi (MU17) 400m 6th 60.4s
Louise Jeffries (FV60) 800m 5th 2:56.0
Gertie Blewitt (FU15) 800m 1st 2:23.7 (PB)
Olivia Paul (FU15) 800m 2nd 2:28.0

Poppy Feasey (FU15) 800m 7th 2:42.7 (PB)
Sophie Phelps (FU13) 800m 2nd 2:53.3 (PB)
Natalia Adamska (FU13) 800m 6th 3:08.5
Rory Osborne (MU13) 1200m 1st 4:06.6
Ned Blackman (MU17) 1500m 7th 4:56.7 (PB)
Kayden Chilvers (MU20) 1500m 8th 5:34.6 (PB)
William Willetts (MU17) 1500m 5th 4:57.9 (PB)
Tobi-Lee Loughlin (MU15) 1500m 1st 4:34.0
Joshua Davies (MU15) 1500m 5th 4:44.5
Peter Grist (MV35) 1500m 1st 4:24.2
Craig Bridges (MV35) 1500m 4th 4:47.5
Jemima Woods (FU17) 300mH 1st 52.6s (PB)
Jasper Cox (MU20) 400mH 1st 73.6s (PB)
Mia Bates (FU23) 400mH 1st 68.4s
Team Bath AC (U13) 4 x 100m 6th 61.2s
(Sophie Phelps, Luca McMullan, Harper Jensen, Caleb Lai)
Team Bath AC (FU15) 4 x 100m 1st 54.1s
(Emma Pavey, Michelle Katsunde, Poppy Feasey, Gertie Blewitt)
Peter Krunity-Salako (MU20) HJ 2nd 1.85m
Otis Poole (MU17) HJ 1st 1.95m (PB)
Jacob Sanchez-Fulton (MU15) HJ 2nd 1.45m (PB)
Camille Guillon (FU17) LJ 1st 4.61m
Maeve McGee (FU17) LJ 5th 3.92m (PB)
Mia McMullan (FU15) LJ 1st 4.18m (PB)
Victoria Barker (FU15) LJ 3rd 3.98m
Natalia Adamska (FU13) LJ 7th 3.27m (PB)
Konstantina Kampanou (FU13) LJ 8th 3.27m (PB)

William Willetts (MU17) TJ 1st 12.33m (PB)

Max Dutton (MU17) TJ 3rd 10.72m (PB)

Sarah Spalding (FU15) SP 3rd 5.78m (PB)

Sophie Phelps (FU13) SP 9th 4.20m (PB)

Sarah Spalding (FU15) DT 4th 12.11m (PB)

Iain Osborne (MV45) HT 3rd 32.22m (PB)

Rory Osborne (MU13) JT 4th 23.79m









Cotswold Way Relay

1st July

By [Alison Vuagniaux](#)

A fantastic day had by all racing the Cotswold Way. 2nd Ladies team is an excellent result. All the ladies had very strong runs with leg wins from Caitlin Wasiki and Laura Parsonage, also close 2nds from Ellie Evans, Freya Spruit and Ella Treby. It was so good to welcome some new ladies to the team and see them really enjoying the day. Thank you

all for running and also helping with Time Keeping and marshalling as this race couldn't happen without the volunteers. A huge thank you to Tom who puts this event together giving hours/weeks of his time.

TBAC Team results:

WOMEN - Team Bath Ladies 2nd (15:34:05)

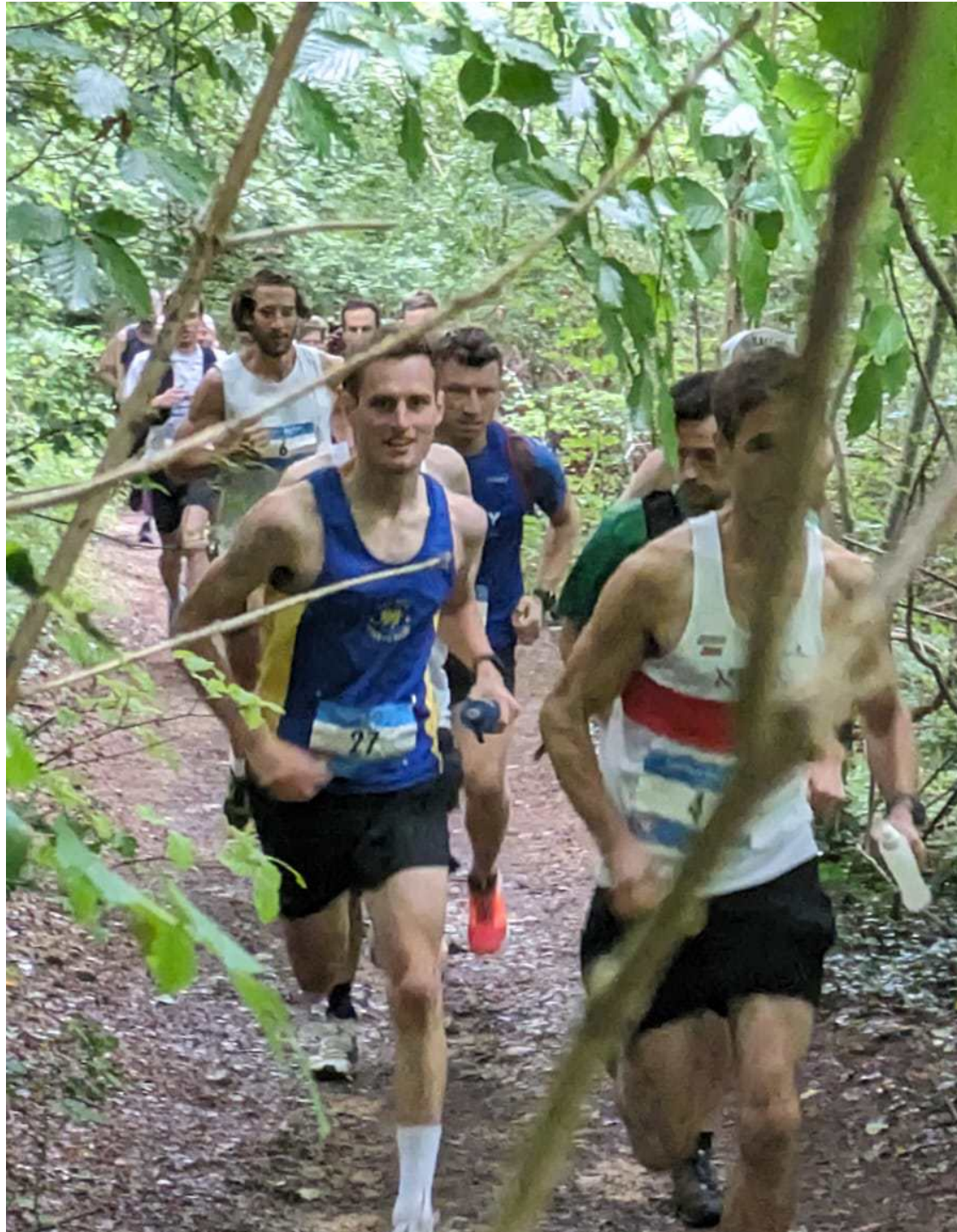
OPEN - Team Bath Men 3rd (12:32:50)

VETERANS - Team Bath Vets 2nd (13:50:57)

MIXED - Team Bath Mixed 14th (16:16:39)











And finally...

By Di Viles

Below is a photo taken on Tuesday night showing British no.1 high jumper Tom Gale, Olympic finalist at the last Games, with the club's high jumpers at a master class given by Tom at the club.

Athletes from left to right are:

Otis Poole, Jamie Semple, Tom Blackburn, Peter Krunity-Salako, Tom Gale, Marley Adams, Darcy Crossman, Daisy Duncan and Olivia Lewis.

The bar is set at 2m33, the height Tom jumped to get selected to take part in the Olympics.





The Bath Plug is the weekly magazine of Team Bath AC. Copy and comment for publication, questions and corrections to the editor at plugeditor@teambathac.org. Copy to the editor by Wednesday 16.00 for inclusion. Available online at teambathac.org.

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