

# THE BATH PLUG



The Maxwells lead the charge up at Odd Down

Quality over quantity this week - no lengthy write-ups, just a list of cracking results. So in the spirit of not waffling on...

Simon Brace.

The Plug Editor - email me [here](#).

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## Race news

By Paul King

### South West PB 5K series, Odd Down Cycle Circuit, Wednesday 24th August

Harry Maxwell ran an amazing PB of 14:55 finishing 2<sup>nd</sup> overall and top U17M. Photos above and below. His brother Josh Maxwell also ran a PB of 15:55 finishing 2<sup>nd</sup> U17M. TBAC newcomer Chris Pickering, who has recently taken up a junior doctor post at the RUH, was 4<sup>th</sup> (1<sup>st</sup> SM) in a PB time of 15:22. There were also solid runs from Brian Glynn (19<sup>th</sup>; 15:56); Aidan Daniel (21<sup>st</sup>; 16:07); Owen Davies (65<sup>th</sup>; 18:25) and Jay Ruddock (3<sup>rd</sup> M45; 18:29).

A good turn-out from the TBAC women saw Anna Domville (nee Clarke) run a very impressive PB of 16:43 finishing 1<sup>st</sup> SW. Photo below. There were also excellent runs from Sarah Wilson (2<sup>nd</sup> SW; 17:04); Jenny Carter (2<sup>nd</sup> W50; 19:22); Florrie Betts (6<sup>th</sup> SW; 19:41); Jo Thompson (1<sup>st</sup> W60; 20:09) and Amy Glynn (10<sup>th</sup> SW; 21:06).

### Dorney Lake Event, Sunday 27<sup>th</sup> August

Following on from his 5km mid-week race Jay Ruddock managed a half-marathon PB time of 1:27:49 to finish 1<sup>st</sup> MV45.

### European Middle Distance Triathlon Champs, Belgium, 27th August

Marianne Carpenter finished 4<sup>th</sup> in the 50-54 female age group. She managed to run a 1:33:30 half-marathon after her 1900m swim and 88.6km bike ride.







**Schilthorn Inferno Half Marathon Mountain Race, Saturday 19<sup>th</sup> August**

Sam Rawes (photo below) decided to take on the notoriously challenging but scenic mountain race while on holiday in the Jungfrau region of Switzerland. Sam finished 22<sup>nd</sup>

overall in a time of 2:39:47.

### **Tavistock 5K, Saturday 19<sup>th</sup> August**

A rare outing for Steve Hale who raced the Tavy 5k, clocking 20:53, to finish 1st MV60, just weeks away from stepping up to MV65.

### **Compton Basset 5-mile event (Calne Running Club), Sunday 20<sup>th</sup> August**

Michael Towler ran a very solid 26:55 taking 2<sup>nd</sup> place overall just behind winner Michael Passmore of Swindon Harriers who ran 26:42.

### **Relish Running Two Tunnels Railway Races, Sunday 20<sup>th</sup> August**

A few TBAC runners took part in the various distances on offer. In the 10km race Ben Wagstaff was 1<sup>st</sup> U20 in a time of 37:00 and Matt Lay 19<sup>th</sup> in a time of 40:34. In the Half Marathon Guy Bridgewood was 19<sup>th</sup> in a time of 1:37:27 and Rachael Moon was 4<sup>th</sup> Female (30<sup>th</sup> overall; 1:41:15). And finally, Clinton Montague took on the Ultra 50km finishing 10<sup>th</sup> in a time of 4:21:35.



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## **England Athletics U15/U17 Champs, Birmingham** 26th & 27th August



By Mark Thomas

Ashley Avis (MU17) 100m s1 6th 11.26s

Ashley Avis (MU17) 100m h1 4th 11.16s

Thomas White (MU15) 800m h2 3rd 2:06.77

Corey Summers (MU15) JT 11th 43.44m (photo below)



The Bath Plug is the weekly magazine of Team Bath AC. Copy and comment for publication, questions and corrections to the editor at [pluggeditor@teambathac.org](mailto:pluggeditor@teambathac.org). Copy to the editor by Wednesday 16.00 for inclusion. Available online at [teambathac.org](http://teambathac.org).

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