The official magazine of Team Bath Athletic Club
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THE BATH PLUG



Euan (right) flying at Loughborough

If you want track & field action, you're in the right place. The outdoor athletics season is well underway, and TBAC athletes are repping with pride across the country. The highlight perhaps being Justin's new PB that gives him a qualifying time for the Worlds. We've also got the usual eclectic mix of other results, including a standout performance by Lizzie who bagged second place at 70.3 Aix-en-Provence in the Ironman Pro Series.

Simon Brace.
The Plug Editor - email me here.

PLEASE ADD THIS EMAIL TO YOUR CONTACTS SO I DON'T END UP IN YOUR JUNK

Racing this week

May

By Paul King

Annabelle Wallace had an excellent run in the **AJ Bell Great Manchester HM** finishing 4th Female in a big PB chip time of 1:20:02 (gun time 1:21:32).

At the **Ultra-Trail Snowdonia event** multi-talented Victoria Ratcliffe completed the **100km** race in 22:49:28 (19th Female; 4th FV50). In the **50km** race, Ralf Goad finished 72nd in 8:51:24, Jess Ventham 103rd Female in 11:51:21, and Chris George 559th in a time of 11:45:43. And finally, Claire Hookway finished 40th Female in the **25km** race in a time of 3:46:14.

On Tuesday the **Westbury 5k** provided another opportunity to show how well youngster Tobi Loughlin is running at present by winning the event in a time of 15:26. Other TBAC runners included Tom Davies (9th; 16:37); Dan Miles (8th MV40; 17:10); Adam Horden (1st U16; 17:23); Harry Deacon (26th; 17:28); Toby Bishop (10th MV40; 17:48); Matt Price (1st MV50; 18:00); Lewis Price (39th; 18:13); Ed Hill (3rd U16; 19:06); and Lucy Young (1st FV40; 20:14).

In the **Ironman 70.3 Aix-en-Provence, France** Lizzie Rayner (photo below) continued her fine form this season with an excellent 2nd place in the Pro Series event finishing in a combined time of 4:14:56 (1:19:54 Half Marathon). Leon Chevalier was also competing at the same event and finished 14th in an overall time of 3:47:13 (1:09:09 Half Marathon).



The Bolt at Badminton Estate 10k

17th May

By Alan Garrett

I've never had the chance to run around a stately home before; nice course but just a bit lumpy and mostly trail not road. Not often I'm the oldest male in the field but it's encouraging to cruise past suffering 'youngsters' on a negative split. Missed the sub-50 by just 10 seconds!

89 Runners; 26th finisher, 21st male, 2nd VM60+ (only VM70), chip time 50:10.


1035
ALAN



Belfast Irish Milers meet

10th May

By Mark Davis

On Saturday 10th May Justin Davies (Team Bath) ran a superb 800m race at the Irish Milers Club meet in Belfast, setting a new PB of 1.44.35 and track record for the stadium. This was also a new Welsh National Record and World Championships qualifying time.

Photos above and below 📸 @keithmcclurephotography @just.a.davies



More track & field

May

By Mark Thomas

Loughborough International,

Sunday 18th May.

Ashley Avis (MU20) 100m h2 3rd 10.82s

Euan Murray (T64/F64) (MU20) 100m Para 2nd 11.91s (PB) (photo below)

Ashley Avis (MU20) 200m h1 7th 21.87s

Jake Cover (SM) 110mH 5th 14.32s (PB)

Aryianna McGee 100H 4th PB (photo below)

Katie Mackintosh (SF) 400mH h2 2nd 63.28s (photo below)

Tilly Nickell (FU20) 3000mSC 4th 10:49.81 (photo below)

Joel Mattacks (T20/F20) (SM) LJ Para 3rd 5.87m (photo below)

BMC PB Classic, Street,

Sunday 18th May.

Craig Bridges (MV35) 800m D 2nd 2:11.13

Harry Maxwell (MU20) 3000m A 6th 8:33.82

Joshua Maxwell (MU20) 3000m B 14th 8:52.20

Avon League, Yate,

Sunday 18th May.

Nelly Stopa (FU13) 75m 14th 12.55s

Elise Williams (FU13) 75m 16th 12.74s

Sophie Allison (FU15) 100m 3rd 13.76s

Amy Matthews (FU15) 100m 6th 14.12s

Alexandra Clowes (FU15) 100m 9th 14.61s

Gertie Blewitt (FU17) 100m 1st 12.92s (PB)

Emma Pavey (FU17) 100m 4th 13.52s

Mia McCullan (FU17) 100m 8th 13.84s

Jade Kinsey (SF) 100m 1st 13.23s

Sophie Allison (FU15) 200m 3rd 28.44s

Amy Matthews (FU15) 200m 4th 29.05s

Sophie Phelps (FU15) 200m 6th 29.40s

Gertie Blewitt (FU17) 200m 1st 26.24s (PB)

Reef Ovens (FU17) 200m 8th 29.75s

Jade Kinsey (SF) 200m 1st 26.84s

Sophie Phelps (FU15) 300m 4th 46.39s

Lucy Gamble (FU15) 300m 7th 48.11s (PB)

Gertie Blewitt (FU17) 300m 1st 42.07s

Jade Kinsey (SF) 400m 1st 60.01s

Elise Williams (FU13) 800m 7th 2:47.49 (PB)

Jasmine Fry (FU15) 800m 1st 2:28.12 (PB)

Lucy Gamble (FU15) 800m 7th 2:34.89

Anna Hawthorn (FU15) 800m 13th 2:47.75

Olivia Paul (FU17) 800m 2nd 2:22.98 (PB)

Poppy Feasey (FU17) 800m 4th 2:31.92 (PB)

Anna Sykes (FU13) 70mH 5th 15.92s

Nelly Stopa (FU13) 70mH 8th 16.75s (PB)

Yasmin Gbadamoshi (FU15) 75mH 4th 13.70s

TBAC Relay Squad (FU15) 4 x 100m 2nd 54.07s
(Sophie Allison, Sophie Phelps, Amy Matthews, Alexandra Clowes)

TBAC Relay Squad (FU17) 4 x 100m 1st 51.80s
(Gertie Blewitt, Emma Pavey, Mia McMullan, Reef Ovens)

Anna Sykes (FU13) HJ 3rd 1.25m

Ella Delin (FU15) HJ 2nd 1.45m (PB)

Odharnait Mosley (FU15) HJ 7th 1.35m

Jasmine Fry (FU15) HJ 8th 1.35m (PB)

Mia McMullan (FU17) TJ 1st 9.60m (PB)

Maisy Harvey (SF) HT 1st 44.58m

Betsy Cooper (SF) HT 3rd 34.39m

Alexandra Clowes (FU15) JT 4th 16.58m (PB)

Amelia Gawron (FU17) JT 3rd 20.82m (PB)

Betsy Cooper (SF) JT 4th 19.14m

Maisy Harvey (SF) JT 7th 15.64m

Bailey Clarke (MU13) 75m 2nd 10.95s

Jacob Castle (MU13) 75m 5th 11.45s

Daniel Apps (MU13) 75m 8th 11.60s

Isaac Weiss (MU15) 100m 6th 13.60s

Samuel Clack (MU15) 100m 9th 14.12s

Sam Mayes (MU15) 100m 10th 15.49s

James Morgan (MU17) 100m 3rd 12.22s

Frankie Pethers (MU17) 100m 8th 12.59s

Jude Le Page (MU17) 100m 10th 13.02s

Femi Akinbobola (SM) 100m 1st 11.35s

Joseph Bailey (SM) 100m 3rd 11.95s

Daniel Lawrence (SM) 100m 6th 12.46s

Dale Morgan (VM) 100m 2nd 13.70s

Bailey Clarke (MU13) 150m 1st 21.51s

Jacob Castle (MU13) 150m 7th 22.60s

Daniel Apps (MU13) 150m 12th 23.64s

Isaac Weiss (MU15) 200m 7th 28.03s (PB)

Samuel Clack (MU15) 200m 8th 28.46s (PB)

James Morgan (MU17) 200m 6th 25.00s

Frankie Pethers (MU17) 200m 8th 25.59s

Jude Le Page (MU17) 200m 9th 25.64s

Femi Akinbobola (SM) 200m 1st 22.67s

Eugene Wicks (MU13) 800m 1st 2:28.28 (PB)

Finn Macpherson (MU13) 800m 11th 2:45.83 (PB)

Lewis Morgan (MU13) 800m 12th 2:49.11

George Groves (MU15) 800m 4th 2:18.88 (PB)

Cormac Houghton (MU17) 800m 2nd 2:03.29 (PB)

Rhys Newington-Wise (MU17) 800m 3rd 2:08.21

Craig Pickering (SM) 800m 1st 2:01.40

Dominic Flavell (SM) 800m 9th 2:23.10

TBAC Relay Squad (MU15) 4 x 100m 3rd 53.73s
(Samuel Clack, Isaac Weiss, Tristan Lawrence, Caleb Lai)

TBAC Relay Squad (MU17) 4 x 100m 2nd 47.87s
(Frankie Pethers,, James Morgan, Jude Le Page, Rhys Newington-Wise)

TBAC Relay Squad (SM) 4 x 100m 1st 49.33s
(Femi Akinbobola, Dale Morgan, Daniel Lawrence, Dominic Flavell)

Bailey Clarke (MU13) LJ 2nd 4.24m

Jacob Castle (MU13) LJ 10th 3.61m (PB)

Benjamin Court (MU13) LJ 15th 3.07m (PB)

Caleb Lai (MU15) LJ 2nd 4.78m

Carter Harrison (MU15) LJ 3rd 4.64m (PB)

Tristan Lawrence (MU15) LJ 7th 3.50m (PB)

Benjamin Court (MU13) SP 6th 5.36m

Finn Macpherson (MU13) SP 9th 4.05m

Ethan Taylor (MU17) SP 2nd 10.44m

Benjamin Court (MU13) DT 7th 11.90m

Ethan Taylor (MU17) DT 2nd 32.08m

Avon League QuadKids (U11), Yate,

Sunday 18th May
Boys 75m

Harry Smyth 3rd 11.0s 60Pts

Daniel Hordern 5th 11.1s 59Pts

Albie Pethers 8th 11.2s 58Pts

Olly Tasker 13th 11.4s 56Pts

Mack Turner 15th 11.5s 55Pts

Jasper Martin-Hall 20th 11.8s 52Pts

Josh Lucy 30th 12.3s 47Pts

Bertie Edmunds 36th 12.6s 44Pts

Boys 600m

Daniel Hordern 4th 2:01 69Pts

Olly Tasker 8th 2:05 65Pts

Harry Smyth 10th 2:07 63Pts

Bertie Edmunds 14th 2:13 57Pts

Josh Lucy 14th 2:13 57Pts

Mack Turner 16th 2:14 56Pts

Jasper Martin-Hall 31st 2:25 45Pts

Albie Pethers36th 36th 2:40 30Pts

Boys Standing Long Jump

Harry Smyth 9th 1.79m 48Pts

Albie Pethers 19th 1.63m 40Pts

Mack Turner 23rd 1.57m 37Pts

Olly Tasker 25th 1.56m 37Pts

Daniel Hordern 26th 1.55m 36Pts

Bertie Edmunds 26th 1.55m 36Pts

Jasper Martin-Hall 34th 1.50m 34Pts

Josh Lucy 36th 1.31m 24Pts

Boys Howler Throw

Jasper Martin-Hall 3rd 28.93m 57Pts

Bertie Edmunds 10th 24.86m 49Pts

Albie Pethers 16th 23.32m 46Pts

Olly Tasker 22nd 21.37m 42Pts

Harry Smyth 24th 19.40m 38Pts

Josh Lucy 26th 18.42m 36Pts

Daniel Hordern 27th 18.37m 36Pts

Mack Turner 33rd 16.29m 32Pts

Boys Overall Standings (across all four events)

Harry Smyth 9th 209Pts

Daniel Hordern 12th= 200Pts

Olly Tasker 12th= 200Pts

Jasper Martin-Hall 18th 188Pts

Bertie Edmunds 20th 186Pts

Mack Turner 23rd 180Pts

Albie Pethers 28th 174Pts

Josh Lucy 33rd 164Pts

Girls 75m

Evie Matthews 15th 12.0s 50Pts

Charlotte Court 26th 12.7s 43Pts

Girls 600m

Evie Matthews 6th 2:11 59Pts

Charlotte Court 30th 2:39 31Pts

Girls Standing Long Jump

Evie Matthews 26th 1.56m 37Pts

Charlotte Court 30th 1.37m 27Pts

Girls Howler Throw

Evie Matthews 5th 22.20m 44Pts

Charlotte Court 12th 17.44m 34Pts

Girls Overall Standings (across all four events)

Evie Matthews 7th 190Pts

Charlotte Court 30th 135Pts






Nuffield Health
240
236
233
LOUGHBOROUGH
LOUGHBOROUGH
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GBJ



Natasha Lewis Open

14th May

By Mark Thomas

Finley Pearce (MU13) 75m h1 2nd 10.8s (PB)

Martha Smith (FU13) 75m h1 3rd 10.9s

Beatrice Schlosser (FU13) 75m h2 1st 11.5s (PB)

Cady Lai (FU13) 75m h2 2nd= 11.6s (PB)

Marie Nagle (FU13) 75m h2 4th 11.8s (PB)

Harry Smyth (MU11) 75m h3 1st= 11.5s (PB)

Jaxon Hoejmose (MU11) 75m h3 3rd 11.6s (PB)

Jasper Martin-Hall (MU11) 75m h3 4th 12.7s (PB)

Sebastian Andrews (MU11) 75m h3 5th 13.4s (PB)

Wilfred Lewis (MU11) 75m h3 6th 14.0s (PB)

Daniel Hordern (MU11) 75m h4 1st 11.8s (PB)

Oliver Tasker (MU11) 75m h4 2nd 11.9s (PB)

Josh Lucy (MU11) 75m h4 3rd 12.7s (PB)

Max Stephens (MU11) 75m h4 4th 13.2s (PB)

Evie Matthews (FU11) 75m h5 4th 12.6s (PB)

Isabel Siglow (FU11) 75m h5 5th 13.6s (PB)

Madeline Thompson (FU17) 100m h1 1st 13.5s (PB)

Jaxon Hoejmose (MU11) 100m h1 2nd 14.6s (PB)

Grace Pierce (FU15) 100m h1 4th 15.5s (PB)

Samuel Clack (MU15) 100m h2 1st= 13.4s (PB)

Caleb Lai (MU15) 100m h2 1st= 13.4s (PB)

Ruby Taylor (FU15) 100m h2 3rd 13.5s (PB)

Carter Harrison (MU15) 100m h2 4th 13.7s (PB)

Matilda Muccilli (FU15) 100m h2 5th 14.0s

Jude Le Page (MU17) 100m h3 1st 12.3s (PB)

Isaac Weiss (MU15) 100m h3 2nd 13.5s (PB)

Sophie Phelps (FU15) 100m h3 3rd 13.7s (PB)

Alexandra Clowes (FU15) 100m h3 4th 13.8s

Sophia Johnson (FU20) 100m h4 1st 12.9s

Emma Pavey (FU17) 100m h4 2nd= 13.2s (PB)

Sophie Allison (FU15) 100m h4 2nd= 13.2s (PB)

Amy Matthews (FU15) 100m h4 4th 13.7s (PB)

Thomas Southgate (MU17) 100m h5 1st 11.3s (PB)

Michale Callan (SM) 100m h5 2nd 11.5s (PB)

Joseph Bailey (MU20) 100m h5 3rd 11.7s (PB)

James Morgan (MU17) 100m h5 4th 11.9s (PB)

Lucas Weiss (MU17) 100m h5 5th 12.1s (PB)

Michael Akinde (MU20) 100m h6 4th 11.5s (PB)

Frankie Pethers (MU17) 100m h6 5th 12.1s

Will Semple (MU20) 100m h6 6th 12.2s

Henry Dent (MU17) 100m h6 7th 12.4s (PB)

Joseph Bailey (MU20) 300m h1 2nd 37.6s

Rhys Newington-Wise (MU17) 300m h1 3rd 39.3s

Jude Le Page (MU17) 300m h1 4th 40.2s

Gertie Blewitt (FU17) 300m h1 5th 41.2s

Ella Woodburn (FU17) 300m h2 2nd 45.9s (PB)

Reef Ovens (FU17) 300m h2 3rd 46.5s

Samuel Clack (MU15) 300m h3 2nd 46.4s (PB)

Fred Park (MU15) 300m h3 3rd 50.0s (PB)

Jasmine Fry (FU15) 300m h3 4th 52.3s (PB)

Daniel Hordern (MU11) 600m 2nd 2:05.8 (PB)

Oliver Tasker (MU11) 600m 3rd 2:06.4

Harry Smyth (MU11) 600m 4th 2:10.5

Josh Lucy (MU11) 600m 5th 2:12.5 (PB)

Mack Turner (MU11) 600m 6th 2:13.0

Jasper Martin-Hall (MU11) 600m 7th 2:18.3

Evie Matthews (FU11) 600m 8th 2:18.5 (PB)
Wilfred Lewis (MU11) 600m 9th 2:20.2 (PB)
Sebastian Andrews (MU11) 600m 10th 2:21.5 (PB)
Max Stephens (MU11) 600m 11th 2:22.3 (PB)
Isabel Siglow (FU11) 600m 12th 2:24.1 (PB)

Rhys Newington-Wise (MU17) 800m h2 1st 2:08.7
Jasmine Fry (FU15) 800m h3 2nd 2:31.4
Lucy Gamble (FU15) 800m h3 3rd 2:31.6
Finley Pierce (MU13) 800m h3 4th 2:32.1 (PB)
Sophie Phelps (FU15) 800m h3 5th 2:32.4 (PB)
Beatrice Schlosser (FU13) 800m h3 6th 2:58.8
Isla Quinn (FU15) 800m h4 1st 2:40.9 (PB)
Elise Williams (FU13) 800m h4 3rd 2:48.0
Lewis Morgan (MU13) 800m h4 5th 2:50.3
Marie Nagle (FU13) 800m h5 1st 2:45.0 (PB)

Samuel Davies (MU20) 1500m h1 3rd 4:14.5 (PB)
Joshua Davies (MU17) 1500m h1 5th 4:25.7 (PB)
James Donald (MV40) 1500m h1 7th 4:38.7 (PB)
Freya Spruit (SF) 1500m h1 9th 4:41.3 (PB)
Sophie Maxwell (FU17) 1500m h1 11th 4:45.0
Connall King (MU15) 1500m h2 1st 4:32.9 (PB)
Owen Davies (SM) 1500m h2 2nd 4:40.7 (PB)
George Groves (MU15) 1500m h2 3rd 4:41.3 (PB)
Gabriel Davies (MU15) 1500m h2 4th 4:42.2 (PB)
Poppy Feasey (FU17) 1500m h2 6th 5:08.5 (PB)
Peter Yeomans (MU15) 1500m h2 7th 5:25.0 (PB)
David Gunstone (MV65) 1500m h2 10th 6:22.8

Jamie Semple (MU20) HJ 1st 1.75m
Marley Adams (MU17) HJ 3rd 1.65m
Daisy Duncan (FU17) HJ 4th= 1.50m
Grace Witcher (FU17) HJ 6th 1.45m
Lottie Rodeck (FU15) HJ 7th 1.40m (PB)
Ella Delin (FU15) HJ 8th 1.35m

William Willetts (MU20) LJ h1 1st 5.87m
Camille Guillon (FU20) LJ h1 2nd 4.42m
Fred Park (MU15) LJ h1 3rd 4.29m (PB)

Charlie Mead (MU13) LJ h1 6th 3.87m

Darcey Highway (FU20) LJ h1 9th 3.19m

Henry Dent (MU17) LJ h2 1st 5.05m

Mia McMullan (FU17) LJ h2 2nd 4.81m

Caleb Lai (MU15) LJ h2 3rd 4.73m

Carter Harrison (MU15) LJ h2 5th 4.42m (PB)

Ruby Taylor (FU15) LJ h2 7th 3.79m

Cady Lai (FU13) LJ h2 8th 3.69m

Alexandra Clowes (FU15) LJ h2 10th 3.42m

Sam Walker (SM) JT800 1st 45.29m

Corey Summers (MU17) JT700 1st 54.72m

Josh Sutton (MU15) JT600 1st 31.20m

Peter Yeomans (MU15) JT600 3rd 21.80m (PB)

Bristol Half Marathon & 10K

11th May

By Mark Thomas

Half Marathon

Lester James 4th 1:09:34

Elliot Avis 11th 1:12:45

Hannah Alderson 45th 1:18:38

Harry Collin 125th 1:23:41

Toby Eichler 240th 1:27:22

Richard Bennett 330th 1:29:02

Rebecca Marsh 405th 1:30:24

Suzanne Clare 476th 1:31:47

Matthew Levett 581st 1:33:47

Paul Bartlett 900th 1:37:48

Niall Urquhart 1389th 1:42:01

Raul Conde 1922nd 1:46:05

John Mitchard 4712th 2:02:16

Kathleen Pritchard 5688th 2:08:13

Bristol 10K

Tobi-Lee Loughlin 7th 32:13

Thomas Brooke 11th 32:31

Ryan Johnstone 28th 34:30

Cormac Houghton 34th 34:53

George Davidson 241st 40:48

James Hunter 428th 43:23

Louisa Swann 431st 43:24





Wiltshire / Somerset / Avon County Champs

9th - 11th May

By Di Viles

This is a round up of the high jump group from the various counties. Photos above of Lottie, Odh, James and Jamie with their medals. Lottie is the one with glasses.

I gather it was a good day at Swindon on Saturday and there were a few winners at Yate in the week. Our high jump group had a good couple of days at three counties despite clashing with D of E Ten Tours which took out two potential medal winners. Pride of place goes to Lottie Rodeck who won Wiltshire U/15 girls high jump with 1.40, in only her second ever competition and in the bottom year of her age group.

Also in Wiltshire, Daisy Duncan won her fourth consecutive county championship winning the U/17 women's comp with 1.50. In Somerset on Saturday, Odh Mosley won silver in the U/15 girls event with 1.35 whilst in Avon Jamie Semple won the U/20 men's event with 1.80, whilst James Boyd produced a new PB of 1.80 to take silver in the U/17 men's event.

FULL RESULTS

By Mark Thomas

Wiltshire County Championships, Swindon

Friday 9th & Saturday 10th May

Jasper Martin-Hall (FU11) 75m h1 4th 12.9s (PB)

Jessica Shorthouse (FU11) 75m h4 4th 13.9s

Ashley Avis (MU20) 100m h1 1st 10.64s (PB)

Jake Cover (SM) 100m h1 4th 11.03s

Tye Leo-Stroud (SM) 100m h2 1st 11.61s

James Morgan (MU17) 100m h1 2nd 12.05s (PB)

Thomas Southgate (MU17) 100m h2 1st 11.43s (PB)

Bailey Clarke (MU13) 100m h1 1st 13.51s

Alex Hurst (MU13) 100m h1 7th 16.40s (PB)

Phoebe Card (SF) 100m F 2nd 12.91s

Laila-Jae Belgrave (FU20) 100m F 1st 12.67s

Sophie Allison (FU15) 100m h1 5th 13.36s (PB)

Alexandra Clowes (FU15) 100m h2 3rd 13.74s (PB)

Ashley Avis (MU20) 200m h1 1st 22.13s

Michael Callan (SM) 200m h2 2nd 23.64s

Thomas Southgate (MU17) 200m h1 1st 23.08s

James Morgan (MU17) 200m h1 3rd 24.13s (PB)

Bailey Clarke (MU13) 200m h1 1st 28.39s (PB)

Phoebe Card (SF) 200m F 3rd 27.30s (PB)

Reef Ovens (FU17) 200m h1 4th 29.02s

Sophie Allison (FU15) 200m h1 2nd 27.73s (PB)

Rory Osborne (MU15) 300m F 2nd 42.76s (PB)

Martyn Morant (MV45) 400m F 2nd 54.26s

Michael Callan (SM) 400m F 3rd 54.37s (PB)

Oliver Upton (MU20) 400m F 1st 53.55s

Jasper Martin-Hall (MU11) 600m h1 5th 2:15.6 (PB)

Jesica Shorthouse (FU11) 600m h2 13th 2:55.5

Lewis Morgan (MU13) 800m F 5th 2:44.90 (PB)

Olivia Paul (FU17) 800m F 1st 2:25.38

Elise Williams (FU13) 800m F 7th 2:47.58 (PB)

Eugene Wicks (MU13) 1500m F 2nd 5:06.73 (PB)

Finn Macpherson (MU13) 1500m F 4th 5:30.58 (PB)

Rory Macpherson (MU13) 1500m F 5th 5:30.59 (PB)

Joshua Davies (MU17) 1500m F 2nd 4:29.22

Olivia Paul (FU17) 1500m F 1st 5:06.30

Connall King (MU15) 3000m h1 1st 9:38.58 (PB)

Imogen Gray (FU20) 3000m h1 1st 10:46.16

Tobi-Lee Loughlin (MU17) 3000m h2 1st 8:47.26 (PB)

Alexandra Clowes (FU15) 75mH F 7th 16.07s (PB)

Rory Osborne (MU15) 80mH F 2nd 13.27s (PB)

Laila-Jae Belgrave (FU20) 100mH F 2nd 15.54s

Jake Cover (SM) 110mH F 1st 14.53s (PB)

Dominic Flavell (SM) 400mH F 3rd 69.58s

Olivia Paul (FU17) 1500mSC F 1st 5:27.67 (PB)

Daisy Duncan (FU17) HJ F 1st 1.50m

Lottie Roedeck (FU15) HJ F 1st 1,40m

Caleb Lai (MU17) LJ F 1st 5.00m (PB)

Bailey Clarke (MU13) LJ F 1st 4.57m (PB)

Charlie Mead (MU13) LJ F 4th 3.90m

Jasper Martin-Hall (MU11) LJ F 10th= 2.90m (PB)

Alexandra Clowes (FU15) LJ F 3rd 4.18m (PB)

Cady Lai (FU13) LJ F 4th 3.79m (PB)

Jessica Shorthouse (FU11) LJ F 22nd 2.07m

Savana Krunity-Salako (FU20) HT F 1st 34.04m

Josh Sutton (MU15) JT F 1st 34.26m

Rory Macpherson (MU13) JT F 6th 16.87m

Somerset County Championships, Yeovil

Saturday 10th & Sunday 11th May

Odharnait Mosley (FU15) 100m h1 7th 15.44s

Jasmine Fry (FU15) 100m h1 8th 15.63s (PB)

Martha Smith (FU13) 100m h2 1st 14.01s (PB)

Martha Smith (FU13) 100m F 1st 14.12s

Martha Smith (FU13) 200m F 1st 29.66s (PB)

Rhys Newington-Wise (MU17) 400m F 6th 57.74s (PB)

Rhys Newington-Wise (MU17) 800m F 7th 2:11.4

Jasmine Fry (FU15) 3000m F 1st 11:41.48

Poppy Feasey (FU17) 1500mSC 1st 5:34.40

Isobel Stacey (FU17) 1500mSC 2nd 5:43.71 (PB)

Odharnait Mosley (FU15) HJ 1st 1.35m

Avon County Championships, Yate

Sunday 11th May

Jacob Castle (MU13) 75m h1 3rd 11.35s (PB)

Jacob Castle (MU13) 75m F 6th 11.24s (PB)

Michael Akinde (MU20) 100m F 2nd 11.61s (PB)

Eddie Reyes (MU17) 100m F 1st 11.58s

Jude Le Page (MU17) 100m F 7th 12.96s (PB)

Max Luck (MU15) 100m h1 2nd 12.49s (PB)

Praise Bayagbon (MU15) 100m h2 4th 13.51s (PB)

Max Luck (MU15) 100m F 4th 12.39s (PB)

Sophia Johnson (FU20) 100m F 2nd 12.77s

Olivia Stanley (FU20) 100m F 5th 14.16s

Rebekah Atkins (FU17) 100m h1 3rd 14.27s (PB)

Beth Turner (FU17) 100m h2 1st 13.13s

Beth Turner (FU17) 100m F 2nd 12.87s (PB)

Rebekah Atkins (FU17) 100m F 7th 14.34s

Amy Matthews (FU15) 100m h1 4th 14.04s

Ruby Taylor ` (FU15) 100m h2 4th 13.76s

Betty Riley-Elder (FU15) 100m h2 6th 13.83s

Ruby Taylor (FU15) 100m F 7th 13.60s (PB)

Nancy Jubb (T54) (FU17) 100m F 1st 20.71s

Jacob Castle (MU13) 150m h2 3rd 21.63s (PB)

Jacob Castle (MU13) 150m F 7th 22.46s

Beth Proctor (FU13) 150m h2 4th 23.22s

Michael Akinde (MU20) 200m F 1st 23.46s (PB)

Eddie Reyes (MU17) 200m h1 1st 23.39s

Jude Le Page (MU17) 200m h2 4th 26.98s

Eddie Reyes (MU17) 200m F 1st 22.99s

Olivia Stanley (FU20) 200m F 3rd 29.55s

Beth Turner (FU17) 200m F 2nd 26.66s

Rebekah Atkins (FU17) 200m F 8th 31.95s

Gertie Blewitt (FU17) 300m F 1st 41.57s

Betty Riley-Elder (FU15) 300mF 1st 45.68s (PB)

Nathan Brooks (MU20) 400m F 1st 57.43s

Craig Bridges (MV35) 800m F 4th 2:14.37

Adam Hordern (MU17) 800m F 3rd 2:11.55 (PB)

Lucy Gamble (FU15) 800m F 4th 2:28.15 (PB)

Benjamin Court (MU13) HJ F 3rd 1.15m (PB)

Jamie Semple (MU20) HJ F 1st 1.80m

James Boyd (MU17) HJ F 2nd 1.80m

Will Semple (MU20) PV F 6th 2.70m

Ruby Taylor (FU15) HJ F 5th 4.19m (PB)

Mia McMullan (FU17) LJ F 1st 5.03m

Darcey Highway (FU20) LJ F 3rd 3.32m

William Willetts (MU17) TJ F 1st 12.47m

William Frankton (MU17) TJ F 2nd 11.26m

Rebekah Atkins (FU17) TJ F 3rd 7.69m (PB)

Ethan Taylor (MU17) SP F 1st 10.83m (PB)

Victoria Opara (FV35) SP F 1st 9.58m

Ethan Taylor (MU17) DT F 1st 31.18m

Megan Yates (FU15) DT F 2nd 20.31m (PB)

Benjamin Court (MU13) DT F 2nd 15.31m (PB)

Ethan Taylor (MU17) HT F 1st 26.92m

Benjamin Court (MU13) JT F 10th 18.41m


170


188




WILTSHIRE
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Avon Valley Runners Mob Match

5th June 2025

By James Gorman

As one of the organisers of this year's **Avon Valley Runners Mob Match**, I would like to invite your members to join us for this years Mob Match.

Details as follows:
Date 5th June 2025
Registration 7pm-7.25pm
Start time 7.30pm
Presentation of prize 8.30pm

Start and Finish venue: Tithe Barn. Pound lane Bradford on Avon BA15 1LF.
Course: follows the route of Over the Hills in reverse.
Presentation: The Three Horseshoes. Frome road. BA15 1LA.
Scoring Rules: First runner back scores 100 points, second runner scores 99 points and so on until the 100th runner scores 1 point. Team with highest score wins. Teams will be matched with the same number of runners.

We look forward to welcoming your runners to the event.



Avon Valley Relay

19th July 2025

By Andrew Sharratt

Avon Valley Runners are proud to announce the Avon Valley Relay with a race date of Saturday 19 July 2025.

Starts at Bradford Rugby Club and finishes at Trowbridge Rugby Football. The 17 mile course can be run solo or as a 4 runner relay team with real wooden batons!! Course comprises quiet country lanes, trail paths along the river Avon and tow paths along the Kennett and Avon Canal. Entry is £25.00 per team or £20.00 solo (£30.00 on the day if not sold out). Lots more information and entry here.

The Bath Plug is the weekly magazine of Team Bath AC. Copy and comment for publication, questions and corrections to the editor at plugeditor@teambathac.org. Copy to the editor by Wednesday 16.00 for

inclusion. Available online at teambathac.org.

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